



PCS Elementary School Lunch

October 2017

<p>2</p> <p>Cheeseburger Meatloaf, Gravy Chicken Patty SDW Chicken & Cheese Salad/Roll</p> <p><i>side items</i> Mashed Potato, Fresh Broccoli, Side Salad Whole Orange, Mixed Fruit, Apple Juice</p>	<p>3</p> <p>Inside Out Penne Pasta Chicken Nuggets, Roll Ham Chef Salad, Roll Ham & Cheese SDW</p> <p><i>side items</i> Green Beans, Fresh Zucchini, Side Salad Whole Apple, Raisins, Orange Juice</p>	<p>4</p> <p>Popcorn Chicken Bowl, Roll Hot Dog Ham & Turkey Cobb Salad, Roll</p> <p><i>side items</i> Glazed Carrots, Sliced Cucumbers, Side Salad Whole Orange, Cinn Applesauce Cup, Fruit Juice</p>	<p>5</p> <p>Tater Bite Beef Nachos, Tortilla Rounds Chicken Nuggets, Roll Turkey Chef Salad, Roll</p> <p><i>side items</i> Kickin' Pintos, Baby Carrots, Side Salad Sliced Apples, Diced Peaches, Grape Juice</p>	<p>6</p> <p>Cheese Pizza Cheeseburger Italian Salad, Roll</p> <p><i>side items</i> Steamed Broccoli, Tomato Wedges, Side Salad Banana, Diced Pears, Orange Juice</p>
<p>9</p> <p>Mozzarella Sticks, Marinara Sauce Chicken Patty SDW Chicken & Cheese Salad/Roll</p> <p><i>side items</i> Steamed Corn, Fresh Broccoli, Side Salad Whole Orange, Mixed Fruit, Apple Juice</p>	<p>10</p> <p>Chicken Quesadilla Chicken Nuggets, Roll Ham Chef Salad, Roll Ham & Cheese SDW</p> <p><i>side items</i> Kickin' Pintos, Baby Carrots, Side Salad Whole Apple, Raisins, Orange Juice</p>	<p>11</p> <p>Chicken Alfredo Penne Pasta Hot Dog Ham & Turkey Cobb Salad, Roll</p> <p><i>side items</i> Glazed Carrots, Sliced Zucchini, Side Salad Whole Orange, Strawberry Applesauce Cup, Fruit Juice</p>	<p>12</p> <p>Philly Cheesesteak Chicken Nuggets, Roll Turkey Chef Salad, Roll Turkey & Cheese SDW</p> <p><i>side items</i> Seasoned Green Peas, Fresh Celery Sticks, Side Salad Sliced Apples, Diced Peaches, Grape Juice</p>	<p>13</p> <p>Cheese Pizza Cheeseburger Italian Salad, Roll</p> <p><i>side items</i> Steamed Broccoli, Cucumber Slices, Side Salad Banana, Diced Pears, Orange Juice</p>
<p>16</p> <p>Salisbury Steak, Rice, Gravy Chicken Patty SDW Chicken & Cheese Salad/Roll</p> <p><i>side items</i> Green Beans, Tomato Wedges, Side Salad Whole Orange, Mixed Fruit, Apple Juice</p>	<p>17</p> <p>Macaroni & Cheese Chicken Nuggets, Roll Ham Chef Salad, Roll Ham & Cheese SDW</p> <p><i>side items</i> Glazed Carrots, Fresh Broccoli, Side Salad Whole Apple, Raisins, Orange Juice</p>	<p>18</p> <p>Popcorn Chicken Bowl, Roll Hot Dog Ham & Turkey Cobb Salad, Roll</p> <p><i>side items</i> Steamed Squash, Fresh Celery Sticks, Side Salad Whole Orange, Peach Applesauce Cup, Fruit Juice</p>	<p>19</p> <p>Roasted Turkey, Stuffing, Gravy Chicken Nuggets, Roll Turkey Chef Salad, Roll Turkey & Cheese SDW</p> <p><i>side items</i> Cinn Sweet Potatoes, Baby Carrots, Side Salad Sliced Apples, Diced Peaches, Grape Juice</p>	<p>20</p> <p>Cheese Pizza Cheeseburger Italian Salad, Roll</p> <p><i>side items</i> Veg Baked Beans, Cucumber Slices, Side Salad Banana, Diced Pears, Orange Juice</p>
<p>23</p> <p>Pancakes, Sausage, Syrup Chicken Patty SDW Chicken & Cheese Salad/Roll</p> <p><i>side items</i> Tater Tots, Fresh Broccoli, Side Salad Whole Orange, Mixed Fruit, Apple Juice</p>	<p>24</p> <p>Fish Sticks, Mac & Cheese Chicken Nuggets, Roll Ham Chef Salad, Roll Ham & Cheese SDW</p> <p><i>side items</i> Green Beans, Baby Carrots, Side Salad Whole Apple, Raisins, Orange Juice</p>	<p>25</p> <p>Chicken Drumstick, Corn Bread Muffin Hot Dog Ham & Turkey Cobb Salad, Roll</p> <p><i>side items</i> Cinn Sweet Potatoes, Fresh Zucc, Side Salad Whole Orange, Mango Peach Applesauce Cup, Fruit Juice</p>	<p>26</p> <p>Chicken Ranch Flatbread SDW Chicken Nuggets, Roll Turkey Chef Salad, Roll Turkey & Cheese SDW</p> <p><i>side items</i> Campfire Beans, Fresh Celery Sticks, Side Salad Sliced Apples, Diced Peaches, Grape Juice</p>	<p>27</p> <p>Pepperoni Pizza Cheeseburger Italian Salad, Roll</p> <p><i>side items</i> Steamed Spinach, Cucumber Slices, Side Salad Banana, Diced Pears, Orange Juice</p>
<p>30</p> <p>Mesquite Chicken Drumstick, Roll Chicken Patty SDW Chicken & Cheese Salad/Roll</p> <p><i>side items</i> Mashed Potato, Fresh Broccoli, Side Salad Whole Orange, Mixed Fruit, Apple Juice</p>	<p>31</p> <p>Spaghetti & Beef Sauce, Garlic Toast Chicken Nuggets, Roll Ham Chef Salad, Roll Ham & Cheese SDW</p> <p><i>side items</i> Green Beans, Baby Carrots, Side Salad Whole Apple, Raisins, Orange Juice</p>	<p>1</p> <p>BBQ Rib SDW Hot Dog Ham & Turkey Cobb Salad, Roll</p> <p><i>side items</i> Glazed Carrots, Sliced Cucumbers, Side Salad Whole Orange, Applesauce Cup, Fruit Juice</p>	<p>2</p> <p>Turkey Soft Tacos, Mex Spiced Rice Chicken Nuggets, Roll Turkey Chef Salad, Roll Turkey & Cheese SDW</p> <p><i>side items</i> Kickin' Pintos, Fresh Zucchini, Side Salad Sliced Apples, Diced Peaches, Grape Juice</p>	<p>3</p> <p>Pepperoni Pizza Cheeseburger Italian Salad, Roll</p> <p><i>side items</i> Steamed Spinach, Tomato Wedges, Side Salad Banana, Diced Pears, Orange Juice</p>

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



PB&J Sandwiches Offered Everyday

(Sun-butter is offered at Peanut Aware Sites)



C is for Cookie Wednesday!

Free Cookie included with every meal!

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