



# Pender Early College HS Lunch

## December 2017

Visit us online at [pender.schooldish.com](http://pender.schooldish.com)

**27**

**Pancakes, Sausage, Syrup**  
 Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Pepperoni Pizza

*side items*  
 Seasoned Corn, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**28**

**Fish Sticks, Mac & Cheese**  
 Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Green Beans, Baby Carrots, Side Salad  
 Whole Apple, Raisins, Orange Juice

**29**

**Chicken Drumstick, Corn Bread Muffin**  
 Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Spicy Chicken Sausage Pizza

*side items*  
 Cinn Sweet Potatoes, Fresh Zucc, Side Salad  
 Whole Orange, Mango Peach Applesauce Cup, Fruit Juice

**30**

**Chicken Ranch Flatbread SDW**  
 Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Campfire Beans, Fresh Celery Sticks, Side Salad  
 Whole Apples, Diced Peaches, Grape Juice

**1**

**Pepperoni Pizza**  
 Corn Dog  
 Italian Salad, Roll  
 Cheese Pizza

*side items*  
 Steamed Spinach, Cucumber Slices, Side Salad  
 Banana, Diced Pears, Orange Juice

**4** **Fuel**

**Mesquite Chicken Drumstick, Roll**

Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Cheese Pizza

*side items*  
 Mashed Potato, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**5** **Fuel**

**Spaghetti & Beef Sauce, Garlic Toast**

Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Meat Lover's Pizza

*side items*  
 Green Beans, Baby Carrots, Side Salad  
 Whole Apple, Raisins, Orange Juice

**6** **Fuel**

**BBQ Shredded Pork SDW**

Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Pepperoni Pizza

*side items*  
 Glazed Carrots, Sliced Cucumbers, Side Salad  
 Whole Orange, Applesauce Cup, Fruit Juice

**7** **Fuel**

**Turkey Soft Tacos, Mex Spiced Rice**

Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll  
 Spicy Chicken Pizza

*side items*  
 Kickin' Pintos, Fresh Zucchini, Side Salad  
 Whole Apples, Diced Peaches, Grape Juice

**8** **Fuel**

**GenTsoPopcornChix w/Broc, Rice**

Corn Dog  
 Italian Salad, Roll  
 Pepperoni Pizza

*side items*  
 Steamed Spinach, Tomato Wedges, Side Salad  
 Banana, Diced Pears, Orange Juice

**11** **Fuel**

**Cheeseburger Meatloaf, Gravy**

Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Cheese Pizza

*side items*  
 Mashed Potato, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**12** **Fuel**

**Inside Out Penne Pasta**

Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Green Beans, Fresh Zucchini, Side Salad  
 Whole Apple, Raisins, Orange Juice

**13** **Fuel**

**Popcorn Chicken Bowl, Roll**

Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Spicy Chicken Sausage Pizza

*side items*  
 Glazed Carrots, Sliced Cucumbers, Side Salad  
 Whole Orange, Cinn Applesauce Cup, Fruit Juice

**14** **Fuel**

**Tater Bite Beef Nachos, Tortilla Rounds**

Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll

*side items*  
 Kickin' Pintos, Baby Carrots, Side Salad  
 Whole Apples, Diced Peaches, Grape Juice

**15** **Fuel**

**Spicy Popcorn Chicken Bowl**

Corn Dog  
 Italian Salad, Roll  
 Cheese Pizza

*side items*  
 Steamed Broccoli, Tomato Wedges, Side Salad  
 Banana, Diced Pears, Orange Juice

**18**

*side items*

**19** **20** **21**

**HOLIDAY BREAK**  
 Dec 21<sup>st</sup> – Jan 2<sup>nd</sup>

*side items*

**22**

*side items*

**25**

*side items*

**26**

*side items*

**27**

*side items*

**28**

*side items*

**29**

*side items*

**Side Salad and PB&J**  
**Sandwiches Offered Everyday**

**Monday, Wednesday, Friday: Chicken Patty Sandwiches**  
**Tuesday & Thursday: Cheeseburger**

**Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components**

**Dec. 4-9: Chipotle Ranch Burger**  
**Dec. 11-15: Pepper Parm Burger**