



PCS Middle School Breakfast

December 2017


Breakfast: 1 Fruit + a minimum of 2 other components

27 Chicken Biscuit Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Banana, Diced Pears Orange Juice	28 Cheesy Scrambled Eggs & Bacon Sausage, Egg & Cheese SDW Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Orange, Mixed Fruit Apple Juice	29 Triple Berry French Toast Minis Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Apple, Raisins Orange Juice	30 Breakfast Pizza Sausage, Egg & Cheese Burrito Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Orange, Mango Peach Applesauce Cup Fruit Juice	1 Country Biscuit & Gravy Ham & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Apple, Diced Peaches Grape Juice
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4 Fuel Triple Berry French Toast Minis Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> Banana, Diced Pears Orange Juice	5 Fuel Turkey Pancake Wrap Chicken & Cheese English Muffin Cereals, Poptarts, Yogurt, Toast <hr/> <i>Fruit</i> Whole Orange, Mixed Fruit Apple Juice	6 Fuel Egg & Cheese Omelet, Hashbrown Egg, Ham & Cheese Flatbread **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>Fruit</i> Whole Apple, Raisins Orange Juice	7 Fuel Sausage & Cheese Quesadilla Chicken Biscuit Cereals, Poptarts, Yogurt, Toast <hr/> <i>Fruit</i> Whole Orange, Applesauce Cup Fruit Juice	8 Fuel Breakfast Pizza Egg & Ham Biscuit **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>Fruit</i> Whole Apple, Diced Peaches Grape Juice
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11 Triple Berry French Toast Minis Sausage, Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Banana, Diced Pears Orange Juice	12 Glazed Cinnamon Roll Bacon, Egg & Cheese Flatbread Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Orange, Mixed Fruit Apple Juice	13 Cheesy Ham, Egg, Potato Taco Egg & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Apple, Raisins Orange Juice	14 Pancakes, Syrup Sausage, Egg & Cheese SDW Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Orange, Cinn Applesauce Cup Fruit Juice	15 Blueberry Muffin Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Apple, Diced Peaches Grape Juice
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18 Apple Frudel Chicken Biscuit **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Banana, Diced Pears Orange Juice	19 Turkey Pancake Wrap Egg & Cheese English Muffin Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Orange, Mixed Fruit Apple Juice	20 Breakfast Pizza Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Yogurt, Toast <hr/> <i>side items</i> Whole Apple, Raisins Orange Juice	 <p>HOLIDAY BREAK Dec 21st – Jan 2nd</p>	
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25	26	27	28	29
				

Visit us online at pender.schooldish.com

*** Specialty Donuts:

- Monday: Vanilla Glazed, Maple Glazed Bacon, Pumpkin Spiced Cinnamon Toast Crunch
- Wednesday: Vanilla Glazed, Choc Cocoa Puff Glazed
- Friday: Vanilla Glazed, Maple Bacon Glazed, Chocolate Glazed



Dutch Waffles
Dec 4th-6th

