



PCS High School Breakfast

December 2017

Breakfast: 1 Fruit + a minimum of 2 other components

<p>27 Chicken Biscuit Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Banana, Diced Pears Orange Juice</p>	<p>28 Cheesy Scrambled Eggs & Bacon Sausage, Egg & Cheese SDW Blueberry Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Mixed Fruit Apple Juice</p>	<p>29 Triple Berry French Toast Minis Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apple, Raisins Orange Juice</p>	<p>30 Breakfast Pizza Sausage, Egg & Cheese Burrito Apple Cinnamon Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, MangoPeach Applesauce Cup Fruit Juice</p>	<p>1 Country Biscuit & Gravy Ham & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apples, Diced Peaches Grape Juice</p>
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<p>4 Fuel Triple Berry French Toast Minis Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Banana, Diced Pears Orange Juice</p>	<p>5 Fuel Turkey Pancake Wrap Chicken & Cheese English Muffin Blueberry Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Mixed Fruit Apple Juice</p>	<p>6 Fuel Egg & Cheese Omelet, Hashbrown Egg, Ham & Cheese Flatbread **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apple, Raisins Orange Juice</p>	<p>7 Fuel Sausage & Cheese Quesadilla Chicken Biscuit Apple Cinnamon Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Applesauce Cup Fruit Juice</p>	<p>8 Fuel Breakfast Pizza Egg & Ham Biscuit **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apples, Diced Peaches Grape Juice</p>
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<p>11 Triple Berry French Toast Minis Sausage, Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Banana, Diced Pears Orange Juice</p>	<p>12 Glazed Cinnamon Roll Bacon, Egg & Cheese Flatbread Blueberry Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Mixed Fruit Apple Juice</p>	<p>13 Cheesy Ham, Egg, Potato Taco Egg & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apple, Raisins Orange Juice</p>	<p>14 Pancakes, Syrup Sausage, Egg & Cheese SDW Apple Cinnamon Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Cinn Applesauce Cup Fruit Juice</p>	<p>15 Chicken Biscuit Sausage & Cheese English Muffin **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apples, Diced Peaches Grape Juice</p>
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<p>18 Apple Frudel Chicken Biscuit **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Banana, Diced Pears Orange Juice</p>	<p>19 Turkey Pancake Wrap Egg & Cheese English Muffin Blueberry Muffin Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Orange, Mixed Fruit Apple Juice</p>	<p>20 Breakfast Pizza Egg & Cheese Bagel **Specialty Donuts Cereals, Poptarts, Parfait, Toast</p> <p><i>side items</i> Whole Apple, Raisins Orange Juice</p>	 <p>HOLIDAY BREAK Dec 21st – Jan 2nd</p>	
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<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>
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Visit us online at pender.schoolish.com

***** Specialty Donuts:**

Monday: Vanilla Glazed, Maple Glazed Bacon, Pumpkin Spiced Cinnamon Toast Crunch

Wednesday: Vanilla Glazed, Choc Cocoa Puff Glazed

Friday: Vanilla Glazed, Maple Bacon Glazed, Chocolate Glazed

Dutch Waffles
Dec 4th-6th

