



# Pender Early College High School Lunch

May 2019



Do you have a menu idea? Let us know!

29

**Spaghetti Carbanaro**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW

Green Beans, Orange,  
Mixed Fruit, Grape Juice

30

**Turkey Tacos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll

Refried Beans, Fresh  
Broccoli, Apple, Raisins,  
Orange Juice

1

**Gen Tso's Beef & Veggies/Rice**  
ChickenRanchSalad/Roll,  
Hot Dog

Orange Glazed Carrots,  
Orange, Applesauce,  
Fruit Juice

2

**Breaded Chicken Drumsticks, Roll**  
Tky Cheese Salad/Roll  
Chicken Ranch Wrap  
Mashed Sweet Potatoes,  
Celery, Apple, Diced  
Peaches, Orange Juice

3

**BBQ Chicken SDW**  
Italian Salad/Roll  
Corndog

Mixed Veg, Baby Carrots,  
Banana, Diced Pears,  
Apple Juice

6

**Spaghetti & Meat Sauce, Garlic Toast**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
Green Beans, Tomato  
Wedges, Orange, Mixed  
Fruit, Grape Juice



7

**Beef Nachos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos,  
Cucumbers, Whole  
Apple, Raisins, Orange  
Juice



8

**Chicken Mashed Potato Bowl/Roll**  
All American Salad/Roll,  
Sloppy Jo SDW  
Orange Glazed Carrots,  
Salad, Whole Orange,  
Applesauce, Fruit Juice



9

**Breakfast for Lunch**

**Chicken & Maple Cinn Waffle**  
Turkey Chs Salad/Roll  
Ham & Cheese Wrap  
Tater Tots, Baby Carrots,  
Apple, Diced Peaches,  
Orange Juice



10

**Fish Sandwich with Criss Cut Fries**  
Italian Salad/Roll  
Mini Corndogs

Steamed Broccoli,  
Banana, Diced Pears,  
Apple Juice



13

**Meatball Sub**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW

Mixed Veg, Baby  
Carrots, Orange, Mixed  
Fruit, Grape Juice



14

**Chicken Tacos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos, Side Salad,  
Apple, Raisins, Orange  
Juice



15

**Sweet N Sour Popcorn Chicken w/ Broccoli/Rice**  
Chicken Ranch Salad/Roll,  
Hot Dog  
Baked Beans, Side Salad,  
Orange, Applesauce, Fruit  
Juice



16

**Breaded Chicken Drumsticks**  
Turkey Chs Salad/Roll  
Chicken Ranch Wrap

Mashed Potatoes/Gravy,  
Salad, Apple, Diced  
Peaches, Orange Juice



17

**BBQ Chicken SDW**  
Italian Salad/Roll  
Corndog

Steamed Green Peas,  
Side Salad, Banana,  
Diced Pears, Apple Juice



20

**Cheesy Baked Penne**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW

Seasoned Zucchini,  
Tomato Wedges, Orange,  
Mixed Fruit, Grape Juice

21

**Dorito Tacos to Go**  
Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos, Broccoli,  
Apple, Raisins, Orange  
Juice

22

**Thai Lemongrass Chicken/Cilantro Rice**  
All American Salad/Roll,  
Hot Dog

Orange Glazed Carrots,  
Celery, Orange,  
Applesauce, Fruit Juice

23

**Breakfast for Lunch**

**Sausage, Egg, & Pancake Boat**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken

Tater Tots, Baby Carrots,  
Apple, Diced Peaches,  
Orange Juice

24

**Early Release LAST DAY**

**Chili Dog**  
Italian Salad/Roll  
Mini Corndogs

Steamed Broccoli, Banana,  
Diced Pears, Apple Juice

27

It's been a GREAT school year!

Have a fun and safe summer!

See you in August!



**Offered Everyday:** Pepperoni Pizza, PB&J, Side Salad, Assorted Milks

**Monday/Wednesday/Friday:** Cheese Pizza

**Tuesdays:** Meat Lovers Pizza **Thursday:** Sausage Pizza

**Alternating:** Chicken Patty Sandwich, Cheeseburgers,  
Fries, Tots, X Cut Fries

**Tuesdays/Thursdays:** Alternating Wraps



**May Fuel: Slice of Life**

Gyro Pizza  
Fully Loaded Pizza



This institution is an equal opportunity provider.

All menu items are subject to change.  
Visit us online at [pender.schooldish.com](http://pender.schooldish.com)

