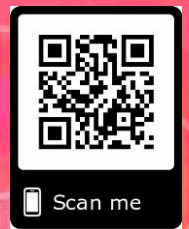




PCS High School Lunch

May 2019

Do you have a menu idea? Let us know!



Daily Made to Order Deli & Salad Bar

29

Spaghetti Carbanaro
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Green Beans, Red Peppers, Orange, Mixed Fruit, Grape Juice

30

Turkey Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll

Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice

1

Gen Tso's Beef & Veggies/Rice
Chicken Ranch Salad/Roll,
Hot Dog

Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice

2

Breaded Chicken Drumsticks, Roll
TkyChs Salad/Roll
Chicken Ranch Wrap
Sweet Potatoes, Celery,
Apple, Diced Peaches,
Orange Juice

3

BBQ Chicken SDW
Italian Salad/Roll
Corndog

Mixed Veg, Baby Carrots, Banana, Diced Pears, Apple Juice

6

Spaghetti & Meat Sauce, Garlic Toast
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Green Beans, Tomato Wedges, Orange, Mixed Fruit, Grape Juice



7

Beef Nachos
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice



8

Chicken Mashed Potato Bowl/Roll
All American Salad/Roll,
Sloppy Jo SDW
Orange Glazed Carrots,
Celery, Whole Orange,
Applesauce, Fruit Juice



9

Breakfast for Lunch

Chicken & Maple Cinn Waffle
Turkey Chs Salad/Roll
Spicy Popcorn Chicken
Tater Tots, Baby Carrots,
Apple, Diced Peaches,
Orange Juice



10

Fish Sandwich with Criss Cut Fries
Italian Salad/Roll
Mini Corndogs



Steamed Broccoli, Red Peppers, Banana, Diced Pears, Apple Juice

13

Meatball Sub
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Mixed Veg, Baby Carrots, Orange, Mixed Fruit, Grape Juice



14

Chicken Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice



15

Sweet N Sour Popcorn Chicken w/ Broccoli/Rice
Chicken Ranch Salad/Roll,
Hot Dog

Baked Beans, Fresh Squash, Orange, Applesauce, Fruit Juice



16

Breaded Chicken Drumsticks, Roll
Tky&ChsSalad/Roll
Chicken Ranch Wrap



MashPotatoes/Gravy, Celery, Apple, Diced Peaches, Orange Juice

17

BBQ Chicken SDW
Italian Salad/Roll
Corndog



Steamed Green Peas, Cucumbers, Banana, Diced Pears, Apple Juice

20

Cheesy Baked Penne
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Seasoned Zucchini, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

21

Dorito Tacos to Go
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Broccoli, Apple, Raisins, Orange Juice

22

Thai Lemongrass Chicken/Cilantro Rice
All American Salad/Roll,
Hot Dog

Orange Glazed Carrots, Celery, Orange, Applesauce, Fruit Juice

23

Breakfast for Lunch

Sausage, Egg, & Pancake Boat
Turkey Chs Salad/Roll
Spicy Popcorn Chicken

Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

24

Chili Dog
Italian Salad/Roll
Mini Corndogs

Steamed Broccoli, Cucumbers, Banana, Diced Pears, Apple Juice

27



28

Chicken Quesadilla
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice

29

Orange Popcorn Chicken Broccoli/Rice
All American Salad/Roll,
Sloppy Jo SDW

Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice

30

Teriyaki Beef Dippers/Roll
Turkey Chs Salad/Roll
Chicken Filet SDW
Mashed Potatoes, Gravy,
Celery, Apple, Diced Peaches, Orange Juice

31

Fish Sandwich with Criss Cut Fries
Italian Salad/Roll
BBQ Chicken SDW
Steamed Spinach,
Cucumbers, Banana,
Diced Pears, Apple Juice

Offered Daily: PBJ, Cheeseburger, Chicken Patty SDW, Pep Pizza, Side Salad, 1% White Milk, Skim Choc Milk

Alternating Options: Fries, Tots, Seasoned Criss Cut Fries, Cheese, Meat Lovers & Sausage Pizza



May Fuel: Slice of Life

Gyro Pizza
Fully Loaded Pizza

