




# PCS Head Start Lunch

May 2019



Visit us online at <http://pender.schooldish.com/>

<p><b>29</b></p> <p>Chicken Patty SDW Steamed Corn Mixed Fruit</p>	<p><b>30</b></p> <p>Turkey Tacos Refried Beans Raisins</p>	<p><b>1</b></p> <p>Chicken Filet Sandwich Orange Glazed Carrots Whole Orange</p>	<p><b>2</b></p> <p>Breaded Fish Bites Sweet Potatoes Apple, Diced Peaches</p>	<p><b>3</b></p> <p>Cheese Pizza Mixed Vegetables Diced Pears</p>
<p><b>6</b></p> <p>Spaghetti &amp; Meat Sauce, Garlic Toast Green Beans Mixed Fruit</p>	<p><b>7</b></p> <p>Chicken Nuggets/Roll Cucumbers Raisins</p>	<p><b>8</b></p> <p>Chicken Mashed Potato Bowl/Roll Orange Glazed Carrots Whole Orange</p>	<p><b>9</b></p> <p>Mini Corn Dogs Tater Tots Diced Peaches</p>	<p><b>10</b></p> <p>BBQ Chicken Sandwich Steamed Broccoli Diced Pears</p>
<p><b>13</b></p> <p>Meatball Sub Side Salad Mixed Fruit</p>	<p><b>14</b></p> <p>Chicken Tacos Kickin' Pintos Raisins</p>	<p><b>15</b></p> <p>Hot Dog Baked Beans Orange</p>	<p><b>16</b></p> <p>Breaded Chicken Drumsticks, Roll Mashed Potatoes/Gravy Diced Peaches</p>	<p><b>17</b></p> <p>Cheese Pizza Green Peas Diced Pears</p>
<p><b>20</b></p> <p>Chicken Patty SDW Seasoned Zucchini Mixed Fruit</p>	<p><b>21</b></p> <p>Chicken Nuggets/Roll Kickin' Pintos Raisins</p>	<p><b>22</b></p> <p>Thai Lemongrass Chicken/ Cilantro Rice Orange Glazed Carrots Orange</p>	<p><b>23</b></p> <p>Mini Corn Dogs Tater Tots Diced Peaches</p>	<p><b>24</b></p> <p>Cheeseburger Steamed Broccoli Diced Pears</p>
<p><b>27</b></p> 	<p><b>28</b></p> <p>Chicken Nuggets/Roll Side Salad Raisins</p>	<p><b>29</b></p> <p>Hot Dog Orange Glazed Carrots Orange</p>	<p><b>30</b></p> <p>Teriyaki Beef Dippers/Roll Mashed Potatoes Diced Peaches</p>	<p><b>31</b></p> <p>Cheese Pizza Steamed Spinach Diced Pears</p>



Offered Daily Assorted Milk Options

**Lunch:** 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

This institution is an equal opportunity provider.



All menu items are subject to change.