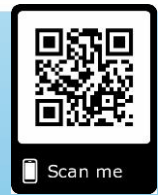


PCS Elementary School

Lunch

May 2019



29

Spaghetti Carbanaro
Ham Cheese Salad/Roll
Chicken Patty SDW

Seasoned Green Beans,
Red Peppers, Orange,
Mixed Fruit, Grape Juice

30

Turkey Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Refried Beans, Fresh
Broccoli, Apple,
Raisins, Orange Juice

1

Gen Tso's Beef &
Veggies/Rice
ChickenRanchSalad/Roll
Chicken Filet SDW

Orange Glazed Carrots,
Fresh Squash, Orange,
Applesauce, Fruit Juice



2

Breaded Chicken
Drumsticks
Breaded Fish Bites
Ham Cheese SDW
Turkey Chs Salad/Roll
Sweet Potatoes, Celery,
Apple, Diced Peaches,
Orange Juice

3

Cheese Pizza
Italian Salad/Roll
Cheeseburger

Mixed Vegetables,
Baby Carrots, Banana,
Diced Pears, Apple
Juice

6

Spaghetti & Meat
Sauce/Garlic Toast
Ham Cheese Salad/Roll
Chicken Patty SDW

Green Beans, Tomato
Wedges, Whole
Orange, Mixed Fruit,
Grape Juice

7

Beef Nachos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Kickin' Pintos,
Cucumbers, Whole
Apple, Raisins, Orange
Juice

8

Chicken Mashed Potato
Bowl/Roll
All American Salad/Roll
Hot Dog

Orange Glazed Carrots,
Celery, Whole Orange,
Applesauce, Fruit Juice



9 **Breakfast for Lunch**

Chicken & Maple Cinn
Waffle
Turkey Chs Salad/Roll
BBQ Pork SDW
Ham Cheese SDW
Tater Tots, Baby
Carrots, Apple, Diced
Peaches, Orange Juice

10

Pepperoni Pizza
Italian Salad/Roll
BBQ Chicken SDW

Steamed Broccoli, Red
Peppers, Banana, Diced
Pears, Apple Juice

13

Meatball Sub
Ham Cheese Salad/Roll
Chicken Patty SDW

Mixed Vegetables, Baby
Carrots, Orange, Mixed
Fruit, Grape Juice

14

Chicken Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Kickin' Pintos, Red
Peppers, Apple, Raisins,
Orange Juice

15

Sweet N Sour Popcorn
Chicken w/ Broccoli/Rice
ChickenRanchSalad/Roll
Hot Dog

Baked Beans, Fresh
Squash, Orange,
Applesauce, Fruit Juice



16

Breaded Chicken
Drumsticks
Mini Corn Dogs
Ham Cheese SDW
Turkey Chs Salad/Roll
Mashed Potatoes/gravy,
Celery, Apple, Diced
Peaches, Orange Juice

17

Cheese Pizza
Italian Salad/Roll
Cheeseburger

Green Peas,
Cucumbers, Banana,
Diced Pears, Apple
Juice

20

Cheesy Baked Penne
Ham Cheese Salad/Roll
Chicken Patty SDW

Seasoned Zucchini,
Tomato Wedges,
Orange, Mixed Fruit,
Grape Juice

21

Dorito Tacos on the Go
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Kickin' Pintos, Broccoli,
Apple, Raisins, Orange
Juice

22

Thai Lemongrass
Chicken/ Cilantro Rice
All American Salad/Roll
Hot Dog

Orange Glazed
Carrots, Celery,
Orange, Applesauce,
Fruit Juice



23 **Breakfast for Lunch**

Sausage, Egg, &
Pancake Boat
Turkey Chs Salad/Roll
Mini Corn Dogs
Ham Cheese SDW
Tater Tots, Baby
Carrots, Apple, Diced
Peaches, Orange Juice

24

Pepperoni Pizza
Italian Salad/Roll
Cheeseburger

Steamed Broccoli,
Cucumbers, Banana,
Diced Pears, Apple
Juice

27



28

Chicken Quesadilla
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Kickin' Pintos, Red
Peppers, Apple, Raisins,
Orange Juice

29

Orange Popcorn
Chicken-Broccoli/Rice
All American Salad/Roll
Hot Dog

Orange Glazed Carrots,
Fresh Squash, Orange,
Applesauce, Fruit Juice



30

Teriyaki Beef
Dippers/Roll
Turkey Chs Salad/Roll
BBQ Pork SDW
Ham Cheese SDW
Mashed Potatoes,
Celery, Apple, Diced
Peaches, Orange Juice

31

Cheese Pizza
Italian Salad/Roll
BBQ Chicken SDW

Steamed Spinach,
Cucumbers, Banana,
Diced Pears, Apple
Juice



PBJ, Assorted Milk Options, & Side Salads
Offered Daily

Wednesday – Free Cookie Day



Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current
Free & Reduced Meals Application.

Payments are taken in the cafeteria (cash/check)
or <https://www.k12paymentcenter.com/>