



PCS Elementary Breakfast

May 2019



29
Turkey Pancake Wrap
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Banana, Diced Pears
Apple Juice, Asrtd Milk

30
Breakfast Pizza
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asrtd Milk

1
Dutch Waffle
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Apple, Raisins
Orange Juice, Asrtd Milk

2
Egg & Cheese English
Muffin
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Orange, Applesauce
Fruit Juice, Asrtd Milk

3
Bacon, Egg & Cheese
Donut Melt
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Apple, Diced Peaches
Grape Juice, Asrtd Milk

6
Vanilla Glazed Donut
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Banana, Diced Pears
Apple Juice, Asrtd Milk

7
Cinnamon Roll
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asrtd Milk

8
Scrambled Eggs w/
Saus & Cheese/Toast
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Apple, Raisins
Orange Juice, Asrtd Milk

9
Breakfast Pizza
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Applesauce
Fruit Juice, Asrtd Milk

10
Half Hot Ham & Cheese
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Apple, Diced Peaches
Grape Juice, Asrtd Milk

13
Chicken & Cheese
English Muffin
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Banana, Diced Pears
Apple Juice, Asrtd Milk

14
Blueberry Muffin
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asrtd Milk

15
Breakfast Pizza
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Apple, Raisins
Orange Juice, Asrtd Milk

16
Dutch Waffle
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Applesauce
Fruit Juice, Asrtd Milk

17
Egg & Cheese EnglMuff
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Apple, Diced Peaches
Grape Juice, Asrtd Milk

20
Waffle
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Banana, Diced Pears
Apple Juice, Asrtd Milk

21
Choc Glazed Donut
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asrtd Milk

22
Scrambled Egg
Breakfast Bowl
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Apple, Raisins
Orange Juice, Asrtd Milk

23
Breakfast Pizza
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Applesauce
Fruit Juice, Asrtd Milk

24
Banana Chocolate
Chip Muffin
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Apple, Diced Peaches
Grape Juice, Asrtd
Milk



28
Breakfast Pizza
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asrtd Milk

29
French Toast Sticks
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast

Apple, Raisins
Orange Juice, Asrtd Milk

30
Choc Glazed Cocoa
Puff Donut
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Orange, Applesauce
Fruit Juice, Asrtd Milk

31
Scrambled Eggs with
Cheese & Bacon Bowl
Trix Yogurt/Toast
Assorted Cereals,
Poptarts/Toast
Apple, Diced Peaches
Grape Juice, Asrtd Milk



Breakfast: 1 Fruit + a minimum of 2 other components

Visit us online at <http://pender.schooldish.com/>



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>