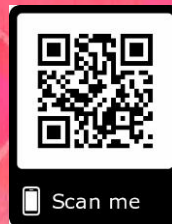




# Pender Early College High School Lunch

March 2019



Do you have a menu idea? Let us know!

25

**Spaghetti & Meat Sauce, Garlic Toast**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
Green Beans, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

26

**Beef Nachos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice

27

**Chicken Mashed Potato Bowl/Roll**  
All American Salad/Roll, Sloppy Jo SDW  
Orange Glazed Carrots, Salad, Whole Orange, Applesauce, Fruit Juice

28

**Breakfast for Lunch**

**Chicken & Maple Cinn Waffle**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

1

**Fish Sandwich with Criss Cut Fries**  
Italian Salad/Roll  
Mini Corndogs  
  
Steamed Broccoli, Banana, Diced Pears, Apple Juice

4

5



6

7

8

11



**Cheesy Baked Penne**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
  
Seasoned Zucchini, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

12



**Dorito Tacos to Go**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Broccoli, Apple, Raisins, Orange Juice

13



**Thai Lemongrass Chicken/Cilantro Rice**  
All American Salad/Roll, Hot Dog  
  
Orange Glazed Carrots, Celery, Orange, Applesauce, Fruit Juice

14

**Breakfast for Lunch**

**Sausage, Egg, & Pancake Boat**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
  
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

15



**Chili Dog**  
Italian Salad/Roll  
Mini Corndogs  
  
Steamed Broccoli, Banana, Diced Pears, Apple Juice

18

**Chicken Alfredo Penne Pasta**  
Ham Chs Salad/Roll  
BBQ Pork SDW  
Steamed Corn, Fresh Broccoli, Orange, Mixed Fruit, Grape Juice

19

**Chicken Quesadilla**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Apple, Raisins, Orange Juice

20

**Orange Popcorn Chicken Broccoli/Rice**  
All American Salad/Roll, Sloppy Jo SDW  
Orange Glazed Carrots, Orange, Applesauce, Fruit Juice

21

**Teriyaki Beef Dippers/Roll**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
Mashed Potatoes, Apple, Diced Peaches, Orange Juice

22

**Fish Sandwich with Criss Cut Fries**  
Italian Salad/Roll  
BBQ Chicken SDW  
Steamed Spinach, Cucumbers, Banana, Diced Pears, Apple Juice

25

**Spaghetti Carbonaro**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
  
Green Beans, Orange, Mixed Fruit, Grape Juice

26

**Turkey Tacos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice

27

**Gen Tso's Beef & Veggies/Rice**  
Chicken Ranch Salad/Roll, Hot Dog  
  
Orange Glazed Carrots, Orange, Applesauce, Fruit Juice

28

**Breaded Chicken Drumsticks, Roll**  
Tky Cheese Salad/Roll  
Chicken Ranch Wrap  
Mashed Cinn Sweet Potatoes, Celery, Apple, Diced Peaches, Orange Juice

29

**BBQ Chicken SDW**  
Italian Salad/Roll  
Corndog  
  
Mixed Veg, Baby Carrots, Banana, Diced Pears, Apple Juice

**Offered Everyday:** Pepperoni Pizza, PB&J, Side Salad, Assorted Milks

**Monday/Wednesday/Friday:** Cheese Pizza

**Tuesdays:** Meat Lovers Pizza **Thursdays:** Sausage Pizza

**Alternating:** Chicken Patty Sandwich, Cheeseburgers, Fries, Tots, X Cut Fries

**Tuesdays/Thursdays:** Alternating Wraps



**March Fuel: Slam Dunks**

Buzzer Beater Basket  
Hang Time Basket



This institution is an equal opportunity provider.

All menu items are subject to change.  
Visit us online at [pender.schooldish.com](http://pender.schooldish.com)

