



March 2019

PCS Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
25 Spaghetti & Meat Sauce, Garlic Toast Ham Chs Salad/Roll Spicy Chicken Patty SDW Green Beans, Tomato Wedges, Orange, Mixed Fruit, Grape Juice	26 Beef Nachos Chicken Caesar Salad Chicken Nuggets/Roll Kickin Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice	27 Chicken Mashed Potato Bowl/Roll All American Salad/Roll, Sloppy Jo SDW Orange Glazed Carrots, Celery, Whole Orange, Applesauce, Fruit Juice	28 Breakfast for Lunch Chicken & Maple Cinn Waffle Turkey Chs Salad/Roll Spicy Popcorn Chicken Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice	1 Fish Sandwich with Criss Cut Fries Italian Salad/Roll Mini Corndogs Steamed Broccoli, Red Peppers, Banana, Dcd Pears, Apple Juice	Special News... Offered Daily: PB&J, Cheeseburger, Chicken Patty Sandwich, Pepperoni Pizza, Side Salad, 1% White Milk, Skim Choc Milk Alternating Options: Fries, Tots, Seasoned Criss Cut Fries, Cheese Pizza, Meat Lovers Pizza, Sausage Pizza March FUEL: Slam Dunks Buzzer Beater Basket Hang Time Basket Menus are subject to change without notice.
4 Meatball Sub Ham Chs Salad/Roll Spicy Chicken Patty SDW Mixed Veg, Baby Carrots, Orange, Mixed Fruit, Grape Juice	5 Chicken Tacos Chicken Caesar Salad Chicken Nuggets/Roll Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice	6 Sweet N Sour Popcorn Chicken w/ Broccoli/Rice ChickenRanchSal/Roll, Hot Dog Baked Beans, Fresh Squash, Orange, Applesauce, Fruit Juice	7 Breaded Chicken Drumsticks, Roll Tky&ChsSalad/Roll Chicken Ranch Wrap MashPotatoes/Gravy, Celery, Apple, Diced Peaches, Orange Juice	8 BBQ Chicken SDW Italian Salad/Roll Corndog Steamed Green Peas, Cucumbers, Banana, Diced Pears, Apple Juice	
11 Cheesy Baked Penne Ham Chs Salad/Roll Spicy Chicken Patty SDW Seasoned Zucchini, Tomato Wedges, Orange, Mixed Fruit, Grape Juice	12 Dorito Tacos to Go Chicken Caesar Salad Chicken Nuggets/Roll Turkey/Cheese SDW Kickin' Pintos, Broccoli, Apple, Raisins, Orange Juice	13 Thai Lemongrass Chicken/Cilantro Rice All American Salad/Roll, Hot Dog Orange Glazed Carrots, Celery, Orange, Applesauce, Fruit Juice Thai Lemongrass	14 Breakfast for Lunch Sausage, Egg, & Pancake Boat Turkey Chs Salad/Roll Spicy Popcorn Chicken Ham Cheese SDW Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice	15 Chili Dog Italian Salad/Roll Mini Corndogs Steamed Broccoli, Cucumbers, Banana, Diced Pears, Apple Juice	
18 Chicken Alfredo Penne Pasta Ham Chs Salad/Roll BBQ Pork SDW Steamed Corn, Fresh Broccoli, Orange, Mixed Fruit, Grape Juice	19 Chicken Quesadilla Chicken Caesar Salad Chicken Nuggets/Roll Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice	20 Orange Popcorn Chicken Broccoli/Rice All American Salad/Roll, Sloppy Jo SDW Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice	21 Teriyaki Beef Dippers/Roll Turkey Chs Salad/Roll Chicken Filet SDW Mashed Potatoes, Celery, Apple, Diced Peaches, Orange Juice	22 Fish Sandwich with Criss Cut Fries Italian Salad/Roll BBQ Chicken SDW Steamed Spinach, Cucumbers, Banana, Diced Pears, Apple Juice	
25 Spaghetti Carbanaro Ham Chs Salad/Roll Spicy Chicken Patty SDW Green Beans, Red Peppers, Orange, Mixed Fruit, Grape Juice	26 Turkey Tacos Chicken Caesar Salad Chicken Nuggets/Roll Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice	27 Gen Tso's Beef & Veggies/Rice ChickenRanchSalRoll, Hot Dog Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice	28 Breaded Chicken Drumsticks, Roll TkyChsSalad/Roll Chicken Ranch Wrap Mashed Cinn Sweet Potatoes, Celery, Apple, Diced Peaches, Orange Juice	29 BBQ Chicken SDW Italian Salad/Roll Corndog Mixed Veg, Baby Carrots, Banana, Dcd Pears, Apple Juice	

Special News...

Do you have a menu idea? Let us know!

Available Daily @ Surf City & Topsail Middle School: Made to Order Deli Bar



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