



March 2019

PCS Middle School Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| 25 Vanilla Glazed Donut Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk | 26 Cinnamon Roll Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk | 27 Scrambled Eggs w/ Saus & Cheese/Toast Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins, Orange Juice, Asrtd Milk | 28 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk | 1 ½ Hot Ham & Cheese Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk |
| 4 Chicken & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk | 5 Blueberry Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk | 6 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk | 7 Dutch Waffle Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk | 8 Egg Cheese EnglMuff Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk |
| 11 Waffle Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk | 12 Choc Glazed Donut Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk | 13 Scrambled Egg Breakfast Bowl Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk | 14 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk | 15 Banana Chocolate Chip Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk |
| 18 Bacon Egg & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk | 19 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk | 20 French Toast Sticks Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk | 21 Choc Glazed Cocoa Puff Donut Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk | 22 Scrambled Eggs with Cheese & Bacon Bowl Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk |
| 25 Turkey Pancake Wrap Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk | 26 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk | 27 Dutch Waffle Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk | 28 Egg & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk | 29 Bacon, Egg & Cheese Donut Melt Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk |



Alternating Options:

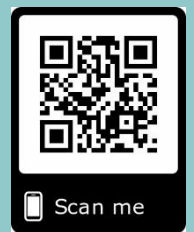
**Mondays
Powdered Sugar
Donut Holes**

**Tuesdays
Glazed Donuts**

**Wednesdays
Cocoa Coated
Donut Holes**

**Thursdays
Glazed Donuts**

**Fridays
Cinnamon and
Sugar Donut
Holes**



Menus are subject to change without notice.

Visit us online at pender.schooldish.com

Special News...

Check out our menu online to access each day's options and the nutritional info! Do you have a menu idea? Let us know!



This institution is an equal opportunity provider.