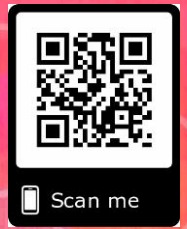




PCS High School Lunch

March 2019

Do you have a menu idea? Let us know!



Daily Made to Order Deli & Salad Bar

25

Spaghetti & Meat Sauce, Garlic Toast
Ham Chs Salad/Roll
Spicy Chicken Patty SDW
Green Beans, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

26

Beef Nachos
Chicken Caesar Salad
Chicken Nuggets/Roll
Kickin' Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice

27

Chicken Mashed Potato Bowl/Roll
All American Salad/Roll, Sloppy Jo SDW
Orange Glazed Carrots, Celery, Whole Orange, Applesauce, Fruit Juice

28

Breakfast for Lunch

Chicken & Maple Cinn Waffle
Turkey Chs Salad/Roll
Spicy Popcorn Chicken
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

1

Fish Sandwich with Criss Cut Fries
Italian Salad/Roll
Mini Corndogs
Steamed Broccoli, Red Peppers, Banana, Diced Pears, Apple Juice

4



Meatball Sub
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Mixed Veg, Baby Carrots, Orange, Mixed Fruit, Grape Juice

5



Chicken Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice

6

Sweet N Sour Popcorn Chicken w/ Broccoli/Rice
Chicken Ranch Salad/Roll, Hot Dog

Baked Beans, Fresh Squash, Orange, Applesauce, Fruit Juice

7



Breaded Chicken Drumsticks, Roll
Tky&ChsSalad/Roll
Chicken Ranch Wrap

MashPotatoes/Gravy, Celery, Apple, Diced Peaches, Orange Juice

8

BBQ Chicken SDW
Italian Salad/Roll
Corndog

Steamed Green Peas, Cucumbers, Banana, Diced Pears, Apple Juice

11



Cheesy Baked Penne
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Seasoned Zucchini, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

12



Dorito Tacos to Go
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Broccoli, Apple, Raisins, Orange Juice

13



Thai Lemongrass Chicken/Cilantro Rice
All American Salad/Roll, Hot Dog

Orange Glazed Carrots, Celery, Orange, Applesauce, Fruit Juice

14

Breakfast for Lunch

Sausage, Egg, & Pancake Boat
Turkey Chs Salad/Roll
Spicy Popcorn Chicken

Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

15



Chili Dog
Italian Salad/Roll
Mini Corndogs

Steamed Broccoli, Cucumbers, Banana, Diced Pears, Apple Juice

18

Chicken Alfredo Penne Pasta
Ham Chs Salad/Roll
BBQ Pork SDW

Steamed Corn, Fresh Broccoli, Orange, Mixed Fruit, Grape Juice

19

Chicken Quesadilla
Chicken Caesar Salad
Chicken Nuggets/Roll

Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice

20

Orange Popcorn Chicken Broccoli/Rice
All American Salad/Roll, Sloppy Jo SDW

Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice

21

Teriyaki Beef Dippers/Roll
Turkey Chs Salad/Roll
Chicken Filet SDW
Mashed Potatoes, Celery, Apple, Diced Peaches, Orange Juice

22

Fish Sandwich with Criss Cut Fries
Italian Salad/Roll
BBQ Chicken SDW
Steamed Spinach, Cucumbers, Banana, Diced Pears, Apple Juice

25

Spaghetti Carbonaro
Ham Chs Salad/Roll
Spicy Chicken Patty SDW

Green Beans, Red Peppers, Orange, Mixed Fruit, Grape Juice

26

Turkey Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll

Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice

27

Gen Tso's Beef & Veggies/Rice
Chicken Ranch Salad/Roll, Hot Dog

Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice

28

Breaded Chicken Drumsticks, Roll
TkyChs Salad/Roll
Chicken Ranch Wrap
Mashed Cinn Sweet Potatoes, Celery, Apple, Diced Peaches, Orange Juice

29

BBQ Chicken SDW
Italian Salad/Roll
Corndog
Mixed Veg, Baby Carrots, Banana, Diced Pears, Apple Juice

Offered Daily: PBJ, Cheeseburger, Chicken Patty SDW, Pep Pizza, Side Salad, 1% White Milk, Skim Choc Milk

Alternating Options: Fries, Tots, Seasoned Criss Cut Fries, Cheese, Meat Lovers & Sausage Pizza



March Fuel: Slam Dunks

Buzzer Beater Basket

Hang Time Basket

