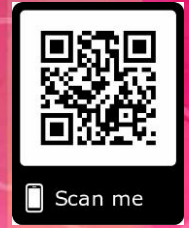




PCS High School Breakfast

March 2019



All menu items are subject to change.

25

Vanilla Glazed Donut
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Banana, Diced Pears
Apple Juice, Asstd Milk

26

Cinnamon Roll
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

27

Scrambled Eggs w/ Saus
& Cheese/Toast
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Raisins
Orange Juice, Asstd Milk

28

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

1

Half Hot Ham & Cheese
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Diced Peaches
Grape Juice, Asstd Milk

4

Chicken & Cheese
English Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Banana, Diced Pears
Apple Juice, Asstd Milk

5

Blueberry Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

6

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

7

Dutch Waffle
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

8

Egg & Cheese English
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

11

Waffle
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Banana, Diced Pears
Apple Juice, Asstd Milk

12

Choc Glazed Donut
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

13

Scrambled Egg &
Cheese Breakfast Bowl
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Raisins
Orange Juice, Asstd
Milk

14

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

15

Banana Chocolate Chip
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

18

Bacon Egg & Cheese
English Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Banana, Diced Pears
Apple Juice, Asstd Milk

19

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

20

French Toast Sticks
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

21

Choc Glazed Cocoa
Puff Donut
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Orange, Applesauce
Fruit Juice, Asstd Milk

22

Scrambled Eggs with
Cheese & Bacon Bowl
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

25

Turkey Pancake Wrap
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Banana, Diced Pears
Apple Juice, Asstd Milk

26

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

27

Dutch Waffle
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

28

Egg & Cheese English
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Orange, Applesauce
Fruit Juice, Asstd Milk

29

Bacon, Egg & Cheese
Donut Melt
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

Alternating Options:

Mon: Blueberry Parfait, Powdered Sugar Donut Holes & Chicken Sliders

Tues: Peach Parfait, Glazed Donuts & Sausage & Cheese English Muffins

Wed: Strawberry Parfait, Cocoa Coated Donut Holes & 1/2 Hot Ham & Cheese

Thurs.: Blueberry Parfait, Glazed Donuts & Bacon, Egg & Cheese Bagel

Fri: Peach Parfait, Cinn. & Sugar Donut Holes & Bacon, Egg & Cheese English Muffins

Do you have a menu idea? Let us know!