

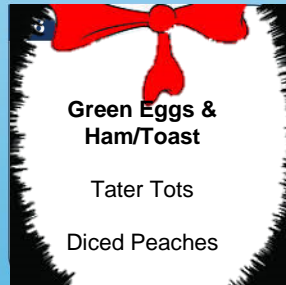


PCS Head Start Lunch

March 2019



Visit us online at <http://pender.schooldish.com/>

<p>25</p> <p>Spaghetti & Meat Sauce, Garlic Toast</p> <p>Green Beans</p> <p>Mixed Fruit</p>	<p>26</p> <p>Chicken Nuggets/Roll</p> <p>Cucumbers</p> <p>Raisins</p>	<p>27</p> <p>Chicken Mashed Potato Bowl/Roll</p> <p>Orange Glazed Carrots</p> <p>Whole Orange</p>	 <p>Green Eggs & Ham/Toast</p> <p>Tater Tots</p> <p>Diced Peaches</p>	<p>1</p> <p>BBQ Chicken Sandwich</p> <p>Steamed Broccoli</p> <p>Diced Pears</p>
<p>4</p> <p>Meatball Sub</p> <p>Side Salad</p> <p>Mixed Fruit</p>	<p>5</p> <p>Chicken Tacos</p> <p>Kickin' Pintos</p> <p>Raisins</p>	<p>6</p> <p>Hot Dog</p> <p>Baked Beans</p> <p>Orange</p>	<p>7</p> <p>Breaded Chicken Drumsticks, Roll</p> <p>Mashed Potatoes/Gravy</p> <p>Diced Peaches</p>	<p>8</p> <p>Cheese Pizza</p> <p>Green Peas</p> <p>Diced Pears</p>
<p>11</p> <p>Chicken Patty SDW</p> <p>Seasoned Zucchini</p> <p>Mixed Fruit</p>	<p>12</p> <p>Chicken Nuggets/Roll</p> <p>Kickin' Pintos</p> <p>Raisins</p>	<p>13</p> <p>Thai Lemongrass Chicken/ Cilantro Rice</p> <p>Orange Glazed Carrots</p> <p>Orange</p>	<p>14</p> <p>Mini Corn Dogs</p> <p>Tater Tots</p> <p>Diced Peaches</p>	<p>15</p> <p>Cheeseburger</p> <p>Steamed Broccoli</p> <p>Diced Pears</p>
<p>18</p> <p>Chicken Alfredo Penne Pasta</p> <p>Steamed Corn</p> <p>Mixed Fruit</p>	<p>19</p> <p>Chicken Nuggets/Roll</p> <p>Side Salad</p> <p>Raisins</p>	<p>20</p> <p>Hot Dog</p> <p>Orange Glazed Carrots</p> <p>Orange</p>	<p>21</p> <p>Teriyaki Beef Dippers/Roll</p> <p>Mashed Potatoes</p> <p>Diced Peaches</p>	<p>22</p> <p>Cheese Pizza</p> <p>Steamed Spinach</p> <p>Diced Pears</p>
<p>25</p> <p>Chicken Patty SDW</p> <p>Steamed Corn</p> <p>Mixed Fruit</p>	<p>26</p> <p>Turkey Tacos</p> <p>Refried Beans</p> <p>Raisins</p>	<p>27</p> <p>Chicken Filet Sandwich</p> <p>Orange Glazed Carrots</p> <p>Whole Orange</p>	<p>28</p> <p>Breaded Fish Bites</p> <p>Criss Cut French Fries</p> <p>Apple, Diced Peaches</p>	<p>29</p> <p>Cheese Pizza</p> <p>Mixed Vegetables</p> <p>Diced Pears</p>



Offered Daily Assorted Milk Options

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

This institution is an equal opportunity provider.



All menu items are subject to change.