



# PCS Head Start Lunch

June 2019



Visit us online at <http://pender.schooldish.com/>

3

Chicken Patty SDW  
Steamed Corn  
Mixed Fruit

4

Turkey Tacos  
Refried Beans  
Raisins

5

Chicken Filet Sandwich  
Orange Glazed Carrots  
Whole Orange

6

Breaded Fish Bites  
Sweet Potatoes  
Apple, Diced Peaches

7

Cheese Pizza  
Mixed Vegetables  
Diced Pears

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**Menu options may alter from site to site due to ingredient availability.**

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1

2

4

5



Offered Daily Assorted Milk Options

**Lunch:** 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

This institution is an equal opportunity provider.



All menu items are subject to change.