

PCS Snack Menu

January 2019



31

1

2

3

4

Holiday & New Year Break No School

Heartzel Pretzels
Orange Juice

Fresh Whole Apple
Assorted Milk Options

7

Snack Mix
Assorted Milk Options

8

Strawberry Yogurt
Simply Chex Mix
Orange Juice

9

Cheez-It Crackers
Assorted Milk Options

10

Half Turkey & Cheese
Sandwich
Apple Juice

11

Fresh Baby Carrots
Ranch Dressing
Assorted Milk Options

14

Half PB&J Sandwich
Assorted Milk Options

15

Cheddar Goldfish
Crackers
Orange Juice

16

Apple Cinnamon
Muffin
Assorted Milk Options

17

Fresh Whole Apple
Assorted Milk Options

18

Strawberry Banana
Yogurt
Apple Juice

21



22

Fresh Baby Carrots
Ranch Dressing
Apple Juice

23

Mixed Fruit Cup
Assorted Milk Options

24

Strawberry Banana
Yogurt
Orange Juice

25

Fresh Whole Apple
Assorted Milk Options

28

Blueberry Muffin
Assorted Milk Options

29

Cupped Diced Pears
Assorted Milk Options

30

Cheez-It Crackers
Apple Juice

31

Heartzel Pretzels
Orange Juice

1

Cinnamon Bug Bites
Assorted Milk Options

Healthy snack choices make for longer
lasting energy!

All menu items are subject to change.

“Nothing is impossible. The word itself says
I’m possible.”

~Audrey Hepburn

