



January 2019

PCS Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 <div style="background-color: #e0e0e0; padding: 10px; text-align: center;"> Holiday & New Year Break No School </div>	1	2	3 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk	4 Banana Chocolate Chip Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk
7 Bacon Egg & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk	8 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk	9 French Toast Sticks Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk	10 Choc Glazed Cocoa Puff Donut Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk	11 Scrambled Eggs with Cheese & Bacon Bowl Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk
14 Turkey Pancake Wrap Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk	15 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk	16 Dutch Waffle Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk	17 Egg & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk	18 Bacon, Egg & Cheese Donut Melt Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk
21 	22 Cinnamon Roll Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk	23 Scrambled Eggs w/ Saus & Cheese/Toast Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins, Orange Juice, Asrtd Milk	24 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk	25 ½ Hot Ham & Cheese Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk
28 Chicken & Cheese English Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Banana, Diced Pears Apple Juice, Asrtd Milk	29 Blueberry Muffin Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Mixed Fruit Fruit Juice, Asrtd Milk	30 Breakfast Pizza Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Raisins Orange Juice, Asrtd Milk	31 Dutch Waffle Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Orange, Applesauce Fruit Juice, Asrtd Milk	1 Egg Cheese EnglMuff Trix Yogurt/Toast Assorted Cereals, Poptarts/Toast Apple, Diced Peaches Grape Juice, Asrtd Milk



Alternating Options:

**Mondays
Powdered Sugar
Donut Holes**

**Tuesdays
Glazed Donuts**

**Wednesdays
Cocoa Coated
Donut Holes**

**Thursdays
Glazed Donuts**

**Fridays
Cinnamon and
Sugar Donut
Holes**



Menus are subject to change without notice.

Visit us online at pender.schooldish.com

Special News...

Check out our menu online to access each day's options and the nutritional! Do you have a menu idea? Let us know!



This institution is an equal opportunity provider.