

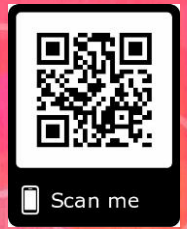


# PCS High School Lunch

## January 2019

Check out our new menu lineup: a taste of Italian on Mondays, Taco Tuesdays, Flavorful Wednesdays, Homestyle Thursdays, and Fishy Fridays!

Do you have a menu idea? Let us know!



### Daily Made to Order Deli & Salad Bar

## Holiday & New Year Break No School

31

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**Breakfast for Lunch**

4

### Sausage, Egg, & Pancake Boat

Turkey Chs Salad/Roll  
Spicy Popcorn Chicken

Tater Tots, Baby Carrots,  
Apple, Diced Peaches,  
Orange Juice

### Fish Tacos with Criss Cut Fries

Italian Salad/Roll  
Mini Corndogs

Steamed Broccoli,  
Cucumbers, Banana,  
Diced Pears, Apple Juice

7



### Chicken Alfredo Penne Pasta

Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
Steamed Corn, Fresh  
Broccoli, Orange, Mixed  
Fruit, Grape Juice

8



### Chicken Quesadilla

Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos, Red  
Peppers, Apple, Raisins,  
Orange Juice

9



### Orange Popcorn Chicken Broccoli/Rice

All American Salad/Roll,  
Hot Dog

Orange Glazed Carrots,  
Fresh Squash, Orange,  
Applesauce, Fruit Juice

10



### Teriyaki Beef Dippers/Roll

Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
Mashed Potatoes, Celery,  
Apple, Diced Peaches,  
Orange Juice

11



### Fish Sandwich with Criss Cut Fries

Italian Salad/Roll  
Corndogs

Steamed Spinach,  
Cucumbers, Banana,  
Diced Pears, Apple Juice

14



### Beef Ravioli, Roll

Ham Chs Salad/Roll  
Spicy Chicken Patty SDW

Seasoned Green Beans,  
Red Peppers, Orange,  
Mixed Fruit, Grape Juice

15



### Turkey Tacos

Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos, Fresh  
Broccoli, Apple, Raisins,  
Orange Juice

16



### Gen Tso's Beef & Veggies/Rice

All American Salad/Roll,  
Hot Dog

Orange Glazed Carrots,  
Fresh Squash, Orange,  
Applesauce, Fruit Juice

17



### Breaded Chicken Drumsticks

Spicy Popcorn Chicken

Mashed Potatoes,  
Celery, Apple, Diced  
Peaches, Orange Juice

18



### Fish Bites with Criss Cut Fries

Italian Salad/Roll  
Corndog

Steamed Spinach, Baby  
Carrots, Banana, Diced  
Pears, Apple Juice

21



22

### Beef Nachos

Chicken Caesar Salad  
Chicken Nuggets/Roll

Seasoned Refried  
Beans, Cucumbers,  
Whole Apple, Raisins,  
Orange Juice

23

### Chicken Mashed Potato Bowl/Roll

All American Salad/Roll,  
Hot Dog

Orange Glazed Carrots,  
Celery, Whole Orange,  
Applesauce, Fruit Juice

24

**Breakfast for Lunch**

### Chicken & Maple Cinn Waffle

Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
Tater Tots, Baby Carrots,  
Apple, Diced Peaches,  
Orange Juice

25

### Fish Sandwich with Criss Cut Fries

Italian Salad/Roll  
Mini Corndogs

Steamed Broccoli, Red  
Peppers, Banana, Diced  
Pears, Apple Juice

28

### Meatball Sub

Ham Chs Salad/Roll  
Spicy Chicken Patty  
SDW

Steamed Corn, Baby  
Carrots, Orange, Mixed  
Fruit, Grape Juice

29

### Ham & Cheese Quesadilla

Chicken Caesar Salad  
Chicken Nuggets/Roll

Kickin' Pintos, Red  
Peppers, Apple, Raisins,  
Orange Juice

30

**Nat'l Hot Dog Day**

### Sweet N Sour Popcorn Chicken w/ Broccoli/Rice

All American Salad/Roll,  
Hot Dog

Baked Beans, Fresh  
Squash, Orange,  
Applesauce, Fruit Juice

31

### Breaded Chicken Drumsticks

Spicy Popcorn Chicken

Seasoned Green Beans,  
Celery, Apple, Diced  
Peaches, Orange Juice

1

### Fish Bites with Criss Cut Fries

Italian Salad/Roll  
Corndog

Orange Glazed Carrots,  
Cucumbers, Banana,  
Diced Pears, Apple Juice

**Offered Daily:** PBJ, Cheeseburger, Chicken Patty SDW, Pep Pizza, Side Salad, 1% White Milk, Skim Choc Milk

**Alternating Options:** Fries, Tots, Seasoned Criss Cut Fries, Cheese, Meat Lovers & Sausage Pizza



### January Fuel: Chili Fest

Walking Taco Chili  
Cheesy Bread Chili

