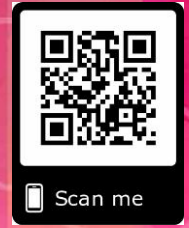




# PCS High School Breakfast

## February 2019



All menu items are subject to change.

28

Chicken & Cheese English Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Banana, Diced Pears  
Apple Juice, Asstd Milk

29

Blueberry Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Mixed Fruit  
Fruit Juice, Asstd Milk

30

Breakfast Pizza  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Apple, Raisins  
Orange Juice, Asstd Milk

31

Dutch Waffle  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Applesauce  
Fruit Juice, Asstd Milk

1

Egg & Cheese English Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Diced Peaches  
Grape Juice, Asstd Milk

4

Waffle  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Banana, Diced Pears  
Apple Juice, Asstd Milk

5

Choc Glazed Donut  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Mixed Fruit  
Fruit Juice, Asstd Milk

6

Scrambled Egg & Cheese Breakfast Bowl  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Raisins  
Orange Juice, Asstd Milk

7

Breakfast Pizza  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Applesauce  
Fruit Juice, Asstd Milk

8

Banana Chocolate Chip Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Diced Peaches  
Grape Juice, Asstd Milk

11

Bacon Egg & Cheese English Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Banana, Diced Pears  
Apple Juice, Asstd Milk

12

Breakfast Pizza  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Mixed Fruit  
Fruit Juice, Asstd Milk

13

French Toast Sticks  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Apple, Raisins  
Orange Juice, Asstd Milk

14

Choc Glazed Cocoa Puff Donut  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Orange, Applesauce  
Fruit Juice, Asstd Milk



15

Scrambled Eggs with Cheese & Bacon Bowl  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Diced Peaches  
Grape Juice, Asstd Milk

18

Turkey Pancake Wrap  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Banana, Diced Pears  
Apple Juice, Asstd Milk

19

Breakfast Pizza  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Mixed Fruit  
Fruit Juice, Asstd Milk

20

Dutch Waffle  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Apple, Raisins  
Orange Juice, Asstd Milk

21

Egg & Cheese English Muffin  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Orange, Applesauce  
Fruit Juice, Asstd Milk

22

Bacon, Egg & Cheese Donut Melt  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Diced Peaches  
Grape Juice, Asstd Milk

25

Vanilla Glazed Donut  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Banana, Diced Pears  
Apple Juice, Asstd Milk

26

Cinnamon Roll  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Mixed Fruit  
Fruit Juice, Asstd Milk

27

Scrambled Eggs w/ Saus & Cheese/Toast  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
Apple, Raisins  
Orange Juice, Asstd Milk

28

Breakfast Pizza  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Orange, Applesauce  
Fruit Juice, Asstd Milk

1

Half Hot Ham & Cheese  
Yogurt Parfait/Toast  
Assorted Cereals, Pop-tarts/Toast  
  
Apple, Diced Peaches  
Grape Juice, Asstd Milk

### Alternating Options:

**Mon:** Blueberry Parfait, Powdered Sugar Donut Holes & Chicken Sliders

**Tues:** Peach Parfait, Glazed Donuts & Sausage & Cheese English Muffins

**Wed:** Strawberry Parfait, Cocoa Coated Donut Holes & 1/2 Hot Ham & Cheese

**Thurs.:** Blueberry Parfait, Glazed Donuts & Bacon, Egg & Cheese Bagel

**Fri:** Peach Parfait, Cinn. & Sugar Donut Holes & Bacon, Egg & Cheese English Muffins

Do you have a menu idea? Let us know!