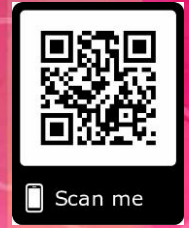




PCS High School Breakfast

January 2019



All menu items are subject to change.

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Holiday & New Year Break No School

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

Banana Chocolate Chip
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

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Bacon Egg & Cheese
English Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Banana, Diced Pears
Apple Juice, Asstd Milk

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

French Toast Sticks
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

Choc Glazed Cocoa
Puff Donut
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Orange, Applesauce
Fruit Juice, Asstd Milk

Scrambled Eggs with
Cheese & Bacon Bowl
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

14

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18

Turkey Pancake Wrap
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Banana, Diced Pears
Apple Juice, Asstd Milk

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

Dutch Waffle
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

Egg & Cheese English
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Orange, Applesauce
Fruit Juice, Asstd Milk

Bacon, Egg & Cheese
Donut Melt
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

21

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23

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25



Cinnamon Roll
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

Scrambled Eggs w/ Saus
& Cheese/Toast
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Raisins
Orange Juice, Asstd Milk

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

Half Hot Ham & Cheese
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Diced Peaches
Grape Juice, Asstd Milk

28

29

30

31

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Chicken & Cheese
English Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Banana, Diced Pears
Apple Juice, Asstd Milk

Blueberry Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Mixed Fruit
Fruit Juice, Asstd Milk

Breakfast Pizza
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Apple, Raisins
Orange Juice, Asstd Milk

Dutch Waffle
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast

Orange, Applesauce
Fruit Juice, Asstd Milk

Egg & Cheese English
Muffin
Yogurt Parfait/Toast
Assorted Cereals,
Pop-tarts/Toast
Apple, Diced Peaches
Grape Juice, Asstd Milk

Alternating Options:

- Mon:** Blueberry Parfait, Powdered Sugar Donut Holes & Chicken Sliders
- Tues:** Peach Parfait, Glazed Donuts & Sausage & Cheese English Muffins
- Wed:** Strawberry Parfait, Cocoa Coated Donut Holes & 1/2 Hot Ham & Cheese
- Thurs.:** Blueberry Parfait, Glazed Donuts & Bacon, Egg & Cheese Bagel
- Fri:** Peach Parfait, Cinn. & Sugar Donut Holes & Bacon, Egg & Cheese English Muffins

Do you have a menu idea? Let us know!