



PCS Head Start Lunch

January 2019

Visit us online at <http://pender.schooldish.com/>



<p>31</p> <p>Holiday & New Year Break No School</p>	<p>1</p>	<p>2</p>	<p>3</p> <p>Mini Corn Dogs Tater Tots Diced Peaches</p>	<p>4</p> <p>Cheeseburger Steamed Broccoli Diced Pears</p>
<p>7</p> <p>Chicken Alfredo Penne Pasta Steamed Corn Mixed Fruit</p>	<p>8</p> <p>Chicken Nuggets/Roll Side Salad Raisins</p>	<p>9</p> <p>Hot Dog Orange Glazed Carrots Orange</p>	<p>10</p> <p>Teriyaki Beef Dippers/Roll Mashed Potatoes Diced Peaches</p>	<p>11</p> <p>Cheese Pizza Baked Beans Diced Pears</p>
<p>14</p> <p>Beef Ravioli, Roll Seasoned Green Beans Mixed Fruit</p>	<p>15</p> <p>Turkey Tacos Kickin' Pintos Raisins</p>	<p>16</p> <p>Hot Dog Orange Glazed Carrots Whole Orange</p>	<p>17</p> <p>Breaded Fish Bites Criss Cut French Fries Apple, Diced Peaches</p>	<p>18</p> <p>Cheese Pizza Steamed Spinach Diced Pears</p>
<p>21</p> 	<p>22</p> <p>Chicken Nuggets/Roll Seasoned Refried Beans Raisins</p>	<p>23</p> <p>Chicken Mashed Potato Bowl/Roll Orange Glazed Carrots Whole Orange</p>	<p>24</p> <p>Mini Corn Dogs Tater Tots Diced Peaches</p>	<p>25</p> <p>Cheeseburger Steamed Broccoli Diced Pears</p>
<p>28</p> <p>Meatball Sub Side Salad Mixed Fruit</p>	<p>29</p> <p>Ham & Cheese Quesadilla Kickin' Pintos Raisins</p>	<p>30</p> <p>Hot Dog Baked Beans Orange</p>	<p>31</p> <p>Breaded Chicken Drumsticks Criss Cut French Fries Diced Peaches</p>	<p>1</p> <p>Cheese Pizza Orange Glazed Carrots Diced Pears</p>



Offered Daily Assorted Milk Options

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

This institution is an equal opportunity provider.



All menu items are subject to change.