



Penderlea School Lunch

April 2019



1
Spaghetti w/Meat Sauce/Garlic Toast
Ham Cheese Salad/Roll
Chicken Patty SDW

Green Beans, Tomato Wedges, Whole Orange, Mixed Fruit, Grape Juice

2
Beef Nachos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW
Kickin Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice

3
Chicken Mashed Potato Bowl/Roll
All American Salad/Roll
Hot Dog

Orange Glazed Carrots, Celery, Whole Orange, Applesauce, Fruit Juice

4 **Breakfast for Lunch**
Chicken & Maple Cinn Waffle
Turkey Chs Salad/Roll
BBQ Pork SDW
Ham Cheese SDW
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

5
Pepperoni Pizza
Italian Salad/Roll
BBQ Chicken SDW

Steamed Broccoli, Red Peppers, Banana, Diced Pears, Apple Juice

8
Meatball Sub
Ham Cheese Salad/Roll
Chicken Patty SDW

Mixed Vegetables, Baby Carrots, Orange, Mixed Fruit, Grape Juice

9
Chicken Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Kickin' Pintos, Red Peppers, Apple, Raisins, Orange Juice

10
Sweet N Sour Popcorn
Chicken w/ Broccoli/Rice
ChickenRanchSalad/Roll
Hot Dog

Baked Beans, Fresh Squash, Orange, Applesauce, Fruit Juice

11
Breaded Chicken Drumsticks
Mini Corn Dogs
Ham Cheese SDW
Turkey Chs Salad/Roll
Mashed Potatoes/gravy, Celery, Apple, Diced Peaches, Orange Juice

12
Cheese Pizza
Italian Salad/Roll
Cheeseburger

Green Peas, Cucumbers, Banana, Diced Pears, Apple Juice

15

16

17

18

19

Spring
Breakfast

22

23

24

25

26

29
Spaghetti Carbanaro
Ham Cheese Salad/Roll
Chicken Patty SDW

Seasoned Green Beans, Red Peppers, Orange, Mixed Fruit, Grape Juice

30
Turkey Tacos
Chicken Caesar Salad
Chicken Nuggets/Roll
Turkey/Cheese SDW

Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice

1
Gen Tso's Beef & Veggies/Rice
ChickenRanchSalad/Roll
Chicken Filet SDW

Orange Glazed Carrots, Fresh Squash, Orange, Applesauce, Fruit Juice

2
Breaded Chicken Drumsticks
Breaded Fish Bites
Ham Cheese SDW
Turkey Chs Salad/Roll
Mashed Sweet Potatoes, Celery, Apple, Diced Peaches, Orange Juice

3
Cheese Pizza
Italian Salad/Roll
Cheeseburger

Mixed Vegetables, Baby Carrots, Banana, Diced Pears, Apple Juice



PBJ, Assorted Milk Options, & Side Salads Offered Daily

Wednesday – Free Cookie Day



Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

