



# Pender Early College High School Lunch

April 2019



Do you have a menu idea? Let us know!

**1**

**Spaghetti & Meat Sauce, Garlic Toast**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
Green Beans, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

**2**

**Beef Nachos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Cucumbers, Whole Apple, Raisins, Orange Juice

**3**


**Chicken Mashed Potato Bowl/Roll**  
All American Salad/Roll, Sloppy Jo SDW  
Orange Glazed Carrots, Salad, Whole Orange, Applesauce, Fruit Juice

**4** **Breakfast for Lunch**

**Chicken & Maple Cinn Waffle**  
Turkey Chs Salad/Roll  
Ham & Cheese Wrap  
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

**5**

**Fish Sandwich with Criss Cut Fries**  
Italian Salad/Roll  
Mini Corndogs  
  
Steamed Broccoli, Banana, Diced Pears, Apple Juice

**8** 

**Meatball Sub**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
  
Mixed Veg, Baby Carrots, Orange, Mixed Fruit, Grape Juice

**9** 


**Chicken Tacos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Side Salad, Apple, Raisins, Orange Juice

**10** 

**Sweet N Sour Popcorn Chicken w/ Broccoli/Rice**  
Chicken Ranch Salad/Roll, Hot Dog  
  
Baked Beans, Side Salad, Orange, Applesauce, Fruit Juice

**11** 

**Breaded Chicken Drumsticks**  
Turkey Chs Salad/Roll  
Chicken Ranch Wrap  
  
Mashed Potatoes/Gravy, Salad, Apple, Diced Peaches, Orange Juice

**12** 

**BBQ Chicken SDW**  
Italian Salad/Roll  
Corndog  
  
Steamed Green Peas, Side Salad, Banana, Diced Pears, Apple Juice

**15**

**Cheesy Baked Penne**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
  
Seasoned Zucchini, Tomato Wedges, Orange, Mixed Fruit, Grape Juice

**16**

**Dorito Tacos to Go**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Broccoli, Apple, Raisins, Orange Juice

**17**

**Thai Lemongrass Chicken/Cilantro Rice**  
All American Salad/Roll, Hot Dog  
  
Orange Glazed Carrots, Celery, Orange, Applesauce, Fruit Juice

**18** **Breakfast for Lunch**

**Sausage, Egg, & Pancake Boat**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
  
Tater Tots, Baby Carrots, Apple, Diced Peaches, Orange Juice

**19**



**22**

**Chicken Alfredo Penne Pasta**  
Ham Chs Salad/Roll  
BBQ Pork SDW  
Steamed Corn, Fresh Broccoli, Orange, Mixed Fruit, Grape Juice

**23**

**Chicken Quesadilla**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Kickin' Pintos, Apple, Raisins, Orange Juice

**24**

**Orange Popcorn Chicken Broccoli/Rice**  
All American Salad/Roll, Sloppy Jo SDW  
Orange Glazed Carrots, Orange, Applesauce, Fruit Juice

**25**

**Teriyaki Beef Dippers/Roll**  
Turkey Chs Salad/Roll  
Spicy Popcorn Chicken  
Mashed Potatoes, Apple, Diced Peaches, Orange Juice

**26**

**Fish Sandwich with Criss Cut Fries**  
Italian Salad/Roll  
BBQ Chicken SDW  
Steamed Spinach, Cucumbers, Banana, Diced Pears, Apple Juice

**29**

**Spaghetti Carbonaro**  
Ham Chs Salad/Roll  
Spicy Chicken Patty SDW  
  
Green Beans, Orange, Mixed Fruit, Grape Juice

**30**

**Turkey Tacos**  
Chicken Caesar Salad  
Chicken Nuggets/Roll  
  
Refried Beans, Fresh Broccoli, Apple, Raisins, Orange Juice

**1**

**Gen Tso's Beef & Veggies/Rice**  
Chicken Ranch Salad/Roll, Hot Dog  
  
Orange Glazed Carrots, Orange, Applesauce, Fruit Juice



**2**

**Breaded Chicken Drumsticks, Roll**  
Turkey Cheese Salad/Roll  
Chicken Ranch Wrap  
Mashed Sweet Potatoes, Celery, Apple, Diced Peaches, Orange Juice

**3**

**BBQ Chicken SDW**  
Italian Salad/Roll  
Corndog  
  
Mixed Veg, Baby Carrots, Banana, Diced Pears, Apple Juice

**Offered Everyday:** Pepperoni Pizza, PB&J, Side Salad, Assorted Milks  
**Monday/Wednesday/Friday:** Cheese Pizza  
**Tuesdays:** Meat Lovers Pizza **Thursday:** Sausage Pizza  
**Alternating:** Chicken Patty Sandwich, Cheeseburgers, Fries, Tots, X Cut Fries  
**Tuesdays/Thursdays:** Alternating Wraps

 **April Fuel: Stack Attack**   
 Southwest Stacker  
 Enchilada Stacker

This institution is an equal opportunity provider.

All menu items are subject to change.  
Visit us online at [pender.schooldish.com](http://pender.schooldish.com)

