



PCS Head Start Lunch

April 2019



Visit us online at <http://pender.schooldish.com/>

1

Spaghetti & Meat Sauce, Garlic Toast

Green Beans

Mixed Fruit

2

Chicken Nuggets/Roll

Cucumbers

Raisins

3

Chicken Mashed Potato Bowl/Roll

Orange Glazed Carrots

Whole Orange

4

Mini Corn Dogs

Tater Tots

Diced Peaches

5

BBQ Chicken Sandwich

Steamed Broccoli

Diced Pears

8

Meatball Sub

Side Salad

Mixed Fruit

9

Chicken Tacos

Kickin' Pintos

Raisins

10

Hot Dog

Baked Beans

Orange

11

Breaded Chicken Drumsticks, Roll

Mashed Potatoes/Gravy

Diced Peaches

12

Cheese Pizza

Green Peas

Diced Pears

15

16

17

18

19

Spring Breakation

22

Chicken Alfredo Penne Pasta

Steamed Corn

Mixed Fruit

23

Chicken Nuggets/Roll

Side Salad

Raisins

24

Hot Dog

Orange Glazed Carrots

Orange

25

Teriyaki Beef Dippers/Roll

Mashed Potatoes

Diced Peaches

26

Cheese Pizza

Steamed Spinach

Diced Pears

29

Chicken Patty SDW

Steamed Corn

Mixed Fruit

30

Turkey Tacos

Refried Beans

Raisins

1

Chicken Filet Sandwich

Orange Glazed Carrots

Whole Orange

2

Breaded Fish Bites

Sweet Potatoes

Apple, Diced Peaches

3

Cheese Pizza

Mixed Vegetables

Diced Pears



Offered Daily Assorted Milk Options

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



Please be sure to complete the current **Free & Reduced Meals Application.**

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>

This institution is an equal opportunity provider.



All menu items are subject to change.