



Head Start Breakfast

November 2017

30
Triple Berry French Toast Minis
side items
Banana, Diced Pears



31
Turkey Pancake Wrap
side items
Whole Orange, Mixed Fruit

1
Egg & Cheese Omelet
side items
Whole Apple, Raisins

2
Trix Cereal
Whole Grain Toast
side items
Whole Orange, Applesauce Cup

3
Breakfast Pizza
side items
Sliced Apples, Diced Peaches

6
Triple Berry French Toast Minis
side items
Banana, Diced Pears

7
Glazed Cinnamon Roll
side items
Whole Orange, Mixed Fruit

8

side items

9
side items

10

VETERANS DAY
HONORING ALL WHO SERVED
side items

13
Apple Frudel

side items
Banana, Diced Pears

14
Turkey Pancake Wrap
side items
Whole Orange, Mixed Fruit

15
Breakfast Pizza
side items
Whole Apple, Raisins

16
Egg & Cheese English Muffin
side items
Whole Orange, Strawberry Applesauce Cup

17
Triple Berry French Toast Minis
side items
Sliced Apples, Diced Peaches

20
Pancakes, Syrup
side items
Banana, Diced Pears

21
Chicken, Egg & Cheese Wrap
side items
Whole Orange, Mixed Fruit

22

side items

23
side items

24
side items

27
Frosted Flakes Cereal
Whole Grain Toast
side items
Banana, Diced Pears

28
Cheesy Scrambled Eggs & Bacon
Whole Grain Toast
side items
Whole Orange, Mixed Fruit

29
Triple Berry French Toast Minis
side items
Whole Apple, Raisins

30
Breakfast Pizza
side items
Whole Orange, Mango Peach Applesauce Cup

1
Cocoa Puffs Cereal
Whole Grain Toast
side items
Sliced Apples, Diced Peaches

Breakfast: 1 Fruit + a minimum of 2 other components

Please be sure to complete the current **Free & Reduced Meals Application**.

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>



All menu items are subject to change.