



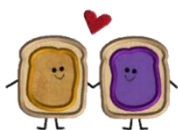
Head Start Lunch

October 2017

<p>2 Chicken Patty SDW</p> <p><i>side items</i> Mashed Potato, Fresh Broccoli Whole Orange</p>	<p>3 Chicken Nuggets, Roll</p> <p><i>side items</i> Green Beans, Fresh Zucchini Whole Apple</p>	<p>4 Hot Dog</p> <p><i>side items</i> Glazed Carrots, Sliced Cucumbers Whole Orange</p>	<p>5 Tater Bite Beef Nachos, Tortilla Rounds</p> <p><i>side items</i> Kickin' Pintos, Baby Carrots Sliced Apples</p>	<p>6 Cheeseburger</p> <p><i>side items</i> Steamed Broccoli, Tomato Wedges Banana</p>
<p>9 Mozzarella Sticks, Marinara Sauce</p> <p><i>side items</i> Steamed Corn, Fresh Broccoli Whole Orange</p>	<p>10 Chicken Quesadilla Mex Spiced Rice</p> <p><i>side items</i> Kickin' Pintos, Baby Carrots Whole Apple</p>	<p>11 Hot Dog</p> <p><i>side items</i> Glazed Carrots, Sliced Zucchini Whole Orange</p>	<p>12 Chicken Nuggets, Roll</p> <p><i>side items</i> Seasoned Green Peas, Fresh Celery Sticks Sliced Apples</p>	<p>13 Cheese Pizza</p>  <p><i>side items</i> Steamed Broccoli, Cucumber Slices Banana</p>
<p>16 Chicken Patty SDW</p> <p><i>side items</i> Green Beans, Tomato Wedges Whole Orange</p>	<p>17 Macaroni & Cheese</p> <p><i>side items</i> Glazed Carrots, Fresh Broccoli Whole Apple</p>	<p>18</p> 	<p>19 Roasted Turkey, Stuffing, Gravy</p> <p><i>side items</i> Cinn Sweet Potatoes, Baby Carrots Sliced Apples</p>	<p>20 Cheeseburger</p> <p><i>side items</i> Veg Baked Beans, Cucumber Slices Banana</p>
<p>23 Pancakes, Sausage, Syrup</p>  <p><i>side items</i> Tater Tots, Fresh Broccoli Whole Orange</p>	<p>24 Fish Sticks, Mac & Cheese</p> <p><i>side items</i> Green Beans, Baby Carrots Whole Apple</p>	<p>25 Chicken Drumstick, Corn Bread Muffin</p> <p><i>side items</i> Cinn Sweet Potatoes, Fresh Zucc Whole Orange</p>	<p>26 Chicken Ranch Flatbread SDW</p> <p><i>side items</i> Campfire Beans, Fresh Celery Sticks Sliced Apples</p>	<p>27 Pepperoni Pizza</p> <p><i>side items</i> Steamed Spinach, Cucumber Slices Banana</p>
<p>30 Mesquite Chicken Drumstick, Roll</p> <p><i>side items</i> Mashed Potato, Fresh Broccoli Whole Orange</p>	<p>31 Spaghetti & Beef Sauce, Garlic Toast</p>  <p><i>side items</i> Green Beans, Baby Carrots Whole Apple</p>	<p>1 Hot Dog</p> <p><i>side items</i> Glazed Carrots, Sliced Cucumbers Whole Orange</p>	<p>2 Turkey Soft Tacos, Mex Spiced Rice</p> <p><i>side items</i> Kickin' Pintos, Fresh Zucchini Sliced Apples</p>	<p>3 Pepperoni Pizza</p> <p><i>side items</i> Steamed Spinach, Tomato Wedges Banana</p>

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components

PB&J Sandwiches Offered Everyday



C is for Cookie Wednesday!

Free Cookie included with every meal!



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