



Penderlea Lunch

December 2017



27
Pancakes, Sausage, Syrup
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Tater Tots, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

28
Fish Sticks, Mac & Cheese
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

29
Chicken Drumstick, Corn Bread Muffin
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Cinn Sweet Potatoes, Fresh Zucc, Side Salad
 Whole Orange, Mango Peach Applesauce Cup, Fruit Juice

30
Chicken Ranch Flatbread SDW
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Campfire Beans, Fresh Celery Sticks, Side Salad
 Whole Apples, Diced Peaches, Grape Juice

1
Pepperoni Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Spinach, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

4
Mesquite Chicken Drumstick, Roll
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Mashed Potato, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

5
Spaghetti & Beef Sauce, Garlic Toast
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

6
BBQ Rib SDW
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Cucumbers, Side Salad
 Whole Orange, Applesauce Cup, Fruit Juice

7
Turkey Soft Tacos, Mex Spiced Rice
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Kickin' Pintos, Fresh Zucchini, Side Salad
 Whole Apples, Diced Peaches, Grape Juice

8
Pepperoni Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Spinach, Tomato Wedges, Side Salad
 Banana, Diced Pears, Orange Juice

11
Cheesy Meatloaf, Gravy
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Mashed Potato, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

12
Inside Out Penne Pasta
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Fresh Zucchini, Side Salad
 Whole Apple, Raisins, Orange Juice

13
Popcorn Chicken Bowl, Roll
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Cucumbers, Side Salad
 Whole Orange, Cinn Applesauce Cup, Fruit Juice

14
Tater Bite Beef Nachos, Tortilla Rounds
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll

side items
 Kickin' Pintos, Baby Carrots, Side Salad
 Whole Apples, Diced Peaches, Grape Juice

15
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Broccoli, Tomato Wedges, Side Salad
 Banana, Diced Pears, Orange Juice

18

side items

20

HOLIDAY BREAK
 Dec 18th – Jan 2nd

side items

22

side items

25

side items

26

side items

27

side items

28

side items

29

side items

PB&J Sandwiches Offered Everyday



(Sun-butter offered at Peanut aware sites)

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



C is for Cookie Wednesday!

Free Cookie included with every meal!

Visit us online at pender.schooldish.com