



# Penderlea Breakfast

December 2017

**Breakfast: 1 Fruit + a minimum of 2 other components**

**27**  
**Vanilla Glazed Donut**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Banana, Diced Pears  
 Orange Juice

**28**  
**Cheesy Scrambled Eggs & Bacon**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Mixed Fruit  
 Apple Juice

**29**  
**Triple Berry French Toast Minis**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apple, Raisins  
 Orange Juice

**30**  
**Breakfast Pizza**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Mango Peach  
 Applesauce Cup  
 Fruit Juice

**1**  
**Country Biscuit & Gravy**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apples, Diced Peaches  
 Grape Juice

**4**  
**Triple Berry French Toast Minis**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Banana, Diced Pears  
 Orange Juice

**5**  
**Turkey Pancake Wrap**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Mixed Fruit  
 Apple Juice

**6**  
**Egg & Cheese Omelet, Hashbrown**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apple, Raisins  
 Orange Juice

**7**  
**Chicken Biscuit**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Applesauce Cup  
 Fruit Juice

**8**  
**Breakfast Pizza**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apples, Diced Peaches  
 Grape Juice

**11**  
**Triple Berry French Toast Minis**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Banana, Diced Pears  
 Orange Juice

**12**  
**Glazed Cinnamon Roll**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Mixed Fruit  
 Apple Juice

**13**  
**Egg & Cheese English Muffin**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apple, Raisins  
 Orange Juice

**14**  
**Pancakes, Syrup**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Orange, Cinn Applesauce  
 Cup  
 Fruit Juice

**15**  
**Blueberry Muffin**  
 Assorted Cereals, Poptarts, Yogurt  
 Whole Grain Toast  
*side items*  
 Whole Apples, Diced Peaches  
 Grape Juice

**18**  
*side items*

**19**  
*side items*

**20**  
*side items*

**21**  
*side items*

**22**  
*side items*

**Holiday Break**  
 Dec 18 - Jan 2

**25**  
*side items*

**26**  
*side items*

**27**  
*side items*

**28**  
*side items*

**29**  
*side items*



Visit us online at [pender.schooldish.com](http://pender.schooldish.com)

Offered Daily

Assorted Whole Grain Cereals, Pop-tarts, Breads, Assorted Milk Options, Alternating Whole Fruits, Cut Fruits, and Fruit Juices

