



PCS Elementary Breakfast

December 2017

Breakfast: 1 Fruit + a minimum of 2 other components

27
Vanilla Glazed Donut
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Banana, Diced Pears
 Orange Juice

28
Cheesy Scrambled Eggs & Bacon
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Mixed Fruit
 Apple Juice

29
Triple Berry French Toast Minis
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apple, Raisins
 Orange Juice

30
Breakfast Pizza
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, MangoPeach
 Applesauce Cup
 Fruit Juice

1
Country Biscuit & Gravy
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apples, Diced Peaches
 Grape Juice

4
Triple Berry French Toast Minis
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Banana, Diced Pears
 Orange Juice

5
Turkey Pancake Wrap
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Mixed Fruit
 Apple Juice

6
Egg & Cheese Omelet, Hashbrown
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apple, Raisins
 Orange Juice

7
Chicken Biscuit
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Applesauce Cup
 Fruit Juice

8
Breakfast Pizza
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apples, Diced Peaches
 Grape Juice

11
Triple Berry French Toast Minis
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Banana, Diced Pears
 Orange Juice

12
Glazed Cinnamon Roll
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Mixed Fruit
 Apple Juice

13
Egg & Cheese English Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apple, Raisins
 Orange Juice

14
Pancakes, Syrup
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Cinn Applesauce
 Cup
 Fruit Juice

15
Blueberry Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apples, Diced Peaches
 Grape Juice

18
Apple Frudel
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Banana, Diced Pears
 Orange Juice

19
Turkey Pancake Wrap
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Mixed Fruit
 Apple Juice

20
Breakfast Pizza
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Apple, Raisins
 Orange Juice

21

22

HOLIDAY BREAK
 Dec 21st – Jan 2nd

side items

25

26

27

28

29

side items



Visit us online at pender.schooldish.com

Offered Daily

Assorted Whole Grain Cereals, Pop-tarts, Breads, Assorted Milk Options, Alternating Whole Fruits, Cut Fruits, and Fruit Juices

