



PCS Head Start Lunch

December 2017



27 Pancakes, Sausage, Syrup <i>side items</i> Tater Tots, Fresh Broccoli Whole Orange	28 Fish Sticks, Mac & Cheese <i>side items</i> Green Beans, Baby Carrots Whole Apple	29 Chicken Drumstick, Corn Bread Muffin  <i>side items</i> Cinn Sweet Potatoes, Fresh Zucc Whole Orange	30 Chicken Ranch Flatbread SDW <i>side items</i> Campfire Beans, Fresh Celery Sticks Sliced Apples	1 Pepperoni Pizza <i>side items</i> Steamed Spinach, Cucumber Slices Banana
4 Mesquite Chicken Drumstick, Roll <i>side items</i> Mashed Potato, Fresh Broccoli Whole Orange	5 Spaghetti & Beef Sauce, Garlic Toast <i>side items</i> Green Beans, Baby Carrots Whole Apple	6 Hot Dog  <i>side items</i> Glazed Carrots, Sliced Cucumbers Whole Orange	7 Turkey Soft Tacos, Mex Spiced Rice <i>side items</i> Kickin' Pintos, Fresh Zucchini Sliced Apples	8 Pepperoni Pizza <i>side items</i> Steamed Spinach, Tomato Wedges Banana
11 Chicken Patty SDW <i>side items</i> Mashed Potato, Fresh Broccoli Whole Orange	12 Chicken Nuggets, Roll <i>side items</i> Green Beans, Fresh Zucchini Whole Apple	13 Hot Dog  <i>side items</i> Glazed Carrots, Sliced Cucumbers Whole Orange	14 Tater Bite Beef Nachos, Tortilla Rounds <i>side items</i> Kickin' Pintos, Baby Carrots Sliced Apples	15 Cheeseburger <i>side items</i> Steamed Broccoli, Tomato Wedges Banana
18 Mozzarella Sticks, Marinara Sauce <i>side items</i> Steamed Corn, Fresh Broccoli Whole Orange	19 Chicken Quesadilla Mex Spiced Rice <i>side items</i> Kickin' Pintos, Baby Carrots Whole Apple	20 Hot Dog  <i>side items</i> Glazed Carrots, Sliced Zucchini Whole Orange	 HOLIDAY BREAK Dec 21 st – Jan 2 nd	
25 	26 	27 	28 	29 

Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components



C is for Cookie Wednesday!

Free Cookie included with every meal!



Visit us online at pender.schooldish.com