

# **PCS Elementary Lunch**

May 2017

#### Max Pizza Sticks, Marinara Sauce

Chicken Patty SDW Chicken Chef Salad, Roll

side items

Steamed Corn, Fresh Broccoli, Side Whole Apple, Mixed Fruit, Orange

#### Salisbury Steak, Gravy

BBQ Rib Sandwich Turkey Chef Salad/Roll Ham & Cheese SDW

Green Beans, Baby Carrots, Side Fresh Orange, Diced Peaches, Apple 3

#### OrangePopcornChix w/Broc, Rice

Chicken Nuggets, Roll All American Salad, Roll COOKIE DAY

Sweet Potato, Cucumber Slices, Whole Apple, Diced Pears, Orange

#### Mac & Cheese

Hotdog Romaine Salad w/Cheese, Roll Turkey & Cheese SDW

side items

Baked Beans, Baby Carrots, Side

Fresh Orange, Applesauce, Grape

5

#### Cheese Pizza

Cheeseburger Italian Salad, Roll

side items

Steamed Broccoli, Tomato Wedges,

Banana, Diced Pears, Fruit Juice

#### Cheese Quesadilla

Chicken Patty SDW Chicken & Cheese Salad, Roll

Campfire Beans, Tomato Wedges, Side Salad Whole Apple, Mixed Fruit, Orange Juice

Chicken Patty SDW

Tater Tots, Fresh Broccoli, Side

Whole Apple, Mixed Fruit, Orange

9

#### Popcorn Chicken Bowl, Roll

Grilled Cheese SDW Ham, Turkey Cobb Salad, Roll Ham & Cheese SDW

side items

Steamed Carrots, Fresh Broccoli, Fresh Orange, Diced Peaches, Apple Juice 10

#### Turkey Tacos, Mexi **Spiced Rice**

Chicken Nuggets, Roll Ham Chef Salad, Roll COOKIE DAY

side items

Steamed Corn, Cucumber Slices, Whole Apple, Diced Pears, Orange

#### Spaghetti Meat Sauce, Roll

Hotdog Popcorn Chicken Salad, Roll Turkey & Cheese SDW

Green Beans, Baby Carrots, Side

Fresh Orange, Applesauce, Grape Juice

#### Pepperoni Pizza

Cheeseburger Italian Salad, Roll

Steamed Broccoli, Cucumber Slices,

Banana, Diced Pears, Fruit Juice

15

#### Pancakes, Sausage, Syrup

Turkey & Cheese Salad, Roll

16

#### Fish Sticks. Mac&Cheese

Cheeseburger Turkey Chef Salad, Roll Ham & Cheese SDW

Green Peas, Baby Carrots, Side Salad Fresh Orange, Diced Peaches, Apple

#### Penne Alfredo w/ Chicken

Grilled Cheese SDW Egg Chef Salad, Roll **COOKIE DAY** 

Steamed Squash, Cucumber Slices Whole Apple, Diced Pears, Orange

18

#### Pork BBQ, Bun

Chicken Nuggets, Roll Chicken & Cheese Salad/Roll Turkey & Cheese SDW

Sweet Potatoes, Baby Carrots, Side Fresh Orange, Applesauce, Grape

# Cheese Pizza

Hotdog Italian Šalad/Roll

Veg Baked Beans, Tomato Wedges, Side Salad

Banana, Diced Pears, Fruit Juice

#### Oven Roasted Chicken, Roll

Chicken Patty SDW Turkey Salad, Roll

Mashed Potato/Gravy, Fresh Broccoli, Side Salad Whole Apple, Mixed Fruit, Orange 23

#### Penne Pasta, Spaghetti Sauce

Turkey & Cheese Melt Chicken Ceasar Salad, Roll Ham & Cheese SDW

Green Beans, Baby Carrots, Side Fresh Orange, Diced Peaches, Apple 24

#### Turkey Roast, Rice

Chicken Nuggets, Roll Egg Chef Salad, Roll **COOKIE DAY** 

Steamed Carrots, Cucumber Slices Whole Apple, Diced Pears, Orange

25

#### Corndog

Cheeseburger Ham/Turkey Chef Salad Turkey & Cheese SDW

Baked Beans, Baby Carrots, Side Fresh Orange, Apple sauce, Grape

26

#### Cheese Pizza

Hot Ham & Cheese Italian Salad, Roll

side items Steamed Spinach, Tomato Wedges Banana, Diced Pears, Fruit Juice

# Memorial Day

No School

30

side items

### Popcorn Chicken Bowl, Roll

Cheeseburger Ham Chef Salad, Roll Ham & Cheese SDW

side items

Seasoned Corn, Cucumber Slices, Fresh Orange, Diced Peaches, Apple

#### **Inside Out Penne Pasta**

Chicken Nuggets, Roll Cobb Salad, Roll COOKIE DAY

Green Beans, Baby Carrots, Side Whole Apple, Diced Pears, Orange

# Philly Cheesesteak

Hotdog Chicken Ranch Salad, Roll Turkey & Cheese SDW

Offered Daily

Vegetables

Campfire Beans, Fresh Broccoli, Side Salad Fresh Orange, Applesauce, Grape

Alternating Fresh Whole Fruits, Cut Fruits &

# Pepperoni Pizza

Popcorn Chicken/Roll Turkey Chef Salad/Roll

Steamed Broccoli, Baby Carrots, Banana, Diced Pears, Fruit Juice



# "C" is for Cookie Wednesday's!!

\*\*all menu items are subject to change.

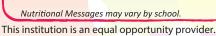


Ovo-Lacto Vegetarian, may contain Egg & Milk

Assorted Whole Grain Options - PB&J



Assorted Milk Options



used when in season

Local ingredients are always

