



High School Breakfast

May 2017

1
Waffles, Syrup
Assorted Cereals, Poptarts
Orange Parfait, Toast
Chicken & Cheese English Muffin

side items
Whole Orange, Diced Pears
Fruit Juice

2
Turkey Pancake Wrap
Assorted Cereals, Poptarts
Peach Parfait, Toast
Bacon, Egg & Cheese Bagel

side items
Whole Apple, Mixed Fruit
Orange Juice

3
Breakfast Pizza
Assorted Cereals, Poptarts
Pineapple Parfait, Toast
Bacon, Egg & Cheese Biscuit

side items
Whole Orange, Applesauce
Grape Juice

4
Glazed Cinnamon Roll
Assorted Cereals, Poptarts
Strawberry Parfait, Toast
Sausage, Egg & Cheese SDW

side items
Whole Apple, Raisins
Orange Juice

5
Banana Chocolate Chip Muffin
Assorted Cereals, Poptarts
Blueberry Parfait, Toast
Egg & Cheese English Muffin

side items
Whole Banana, Diced Peaches
Apple Juice

8
Blueberry Muffin
Assorted Cereals, Poptarts
Orange Parfait, Toast
Chicken Biscuit

side items
Whole Orange, Diced Pears
Fruit Juice

9
Sausage and Cheese Quesadilla
Assorted Cereals, Poptarts
Peach Parfait, Toast
Bacon, Egg & Cheese English Muffin

side items
Whole Apple, Mixed Fruit
Orange Juice

10
French Toast Sticks, Syrup
Assorted Cereals, Poptarts
Pineapple Parfait, Toast
Hot Ham & Cheese

side items
Whole Orange, Warm Cinnamon Apples
Grape Juice

11
Breakfast Pizza
Assorted Cereals, Poptarts
Strawberry Parfait, Toast
Egg & Cheese English Muffin

side items
Whole Apple, Raisins
Orange Juice

12
Cheesy Scrambled Eggs
Assorted Cereals, Poptarts
Blueberry Parfait, Toast
Egg & Cheese Bagel

side items
Whole Banana, Diced Peaches
Apple Juice

15
Glazed Cinnamon Roll
Assorted Cereals, Poptarts
Orange Parfait, Toast
Chicken Biscuit

side items
Whole Orange, Diced Pears
Fruit Juice

16
Turkey Pancake Wrap
Assorted Cereals, Poptarts
Peach Parfait, Toast
Bacon, Egg & Cheese Biscuit

side items
Whole Apple, Mixed Fruit
Orange Juice

17
French Toast Sticks, Syrup
Assorted Cereals, Poptarts
Pineapple Parfait, Toast
Hot Ham & Cheese

side items
Whole Orange, Warm Cinnamon Apples
Grape Juice

18
Bacon, Egg & Cheese Burrito
Assorted Cereals, Poptarts
Strawberry Parfait, Toast
Country Chicken, Egg & Cheese Biscuit

side items
Whole Apple, Raisins
Orange Juice

19
Breakfast Pizza
Assorted Cereals, Poptarts
Blueberry Parfait, Toast
Sausage & Cheese English Muffin

side items
Whole Banana, Diced Peaches
Apple Juice

22
French Toast Sticks, Syrup
Assorted Cereals, Poptarts
Orange Parfait, Toast
Sausage, Egg & Cheese SDW

side items
Whole Orange, Diced Pears
Fruit Juice

23
Egg, Ham & Cheese Frittata
Assorted Cereals, Poptarts
Peach Parfait, Toast
Chicken & Cheese English Muffin

side items
Whole Apple, Mixed Fruit
Orange Juice

24
Apple Cinnamon Muffin
Assorted Cereals, Poptarts
Pineapple Parfait, Toast
Egg & Cheese English Muffin

side items
Whole Orange, Applesauce
Grape Juice

25
Bacon, Egg & Cheese Taco
Assorted Cereals, Poptarts
Strawberry Parfait, Toast
Egg & Cheese Biscuit

side items
Whole Apple, Raisins
Orange Juice

26
Glazed Cinnamon Roll
Assorted Cereals, Poptarts
Blueberry Parfait, Toast
Chicken Biscuit

side items
Whole Banana, Diced Peaches
Apple Juice

29
Memorial Day
No School

side items

30
Biscuit & Country Gravy
Assorted Cereals, Poptarts
Peach Parfait, Toast
Bacon, Egg & Cheese Bagel

side items
Whole Apple, Mixed Fruit
Orange Juice

31
Pancakes, Syrup
Assorted Cereals, Poptarts
Pineapple Parfait, Toast
Hot Ham & Cheese

side items
Whole Orange, Warm Cinnamon Apples
Grape Juice

1
Bacon, Egg & Cheese Burrito
Assorted Cereals, Poptarts
Strawberry Parfait, Toast
Bacon, Egg & Cheese Biscuit

side items
Whole Apple, Raisins
Orange Juice

2
Blueberry Muffin
Assorted Cereals, Poptarts
Blueberry Parfait, Toast
Sausage, Egg & Cheese English Muffin

side items
Whole Banana, Diced Peaches
Apple Juice

**all menu items are subject to change.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Offered Daily



Alternating Fresh Fruits, Cut Fruits & Fruit Juices

Assorted Whole Grain Options



Assorted Milk Options