



Topsail Elementary Lunch

August & September 2017

28
Cheeseburger Meatloaf, Gravy
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Mashed Potato, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

29
Inside Out Penne Pasta
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Fresh Zucchini, Side Salad
 Whole Apple, Raisins, Orange Juice

30
Popcorn Chicken Bowl, Roll
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Cucumbers, Side Salad
 Whole Orange, Cinn Applesauce Cup, Fruit Juice

31
Tater Bite Beef Nachos, Tortilla Rounds
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll

side items
 Kickin' Pintos, Baby Carrots, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

1
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Broccoli, Tomato Wedges, Side Salad
 Banana, Diced Pears, Orange Juice



5
Chicken Quesadilla
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Kickin' Pintos, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

6
Chicken Alfredo Penne Pasta

side items
 Glazed Carrots, Sliced Zucchini, Side Salad
 Whole Orange, Strawberry Applesauce Cup, Fruit Juice

7
Philly Cheesesteak
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Seasoned Green Peas, Fresh Celery Sticks, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

8
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Broccoli, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

11
Salisbury Steak, Rice, Gravy
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Green Beans, Tomato Wedges, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

12
Macaroni & Cheese
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Glazed Carrots, Fresh Broccoli, Side Salad
 Whole Apple, Raisins, Orange Juice

13
Popcorn Chicken Bowl, Roll
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Steamed Squash, Fresh Celery Sticks, Side Salad
 Whole Orange, Peach Applesauce Cup, Fruit Juice

14
Roasted Turkey, Stuffing, Gravy
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Cinn Sweet Potatoes, Baby Carrots, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

15
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Veg Baked Beans, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

18
Pancakes, Sausage, Syrup
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Tater Tots, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

19
Fish Sticks, Mac & Cheese
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

20
Chicken Drumsticks, Corn Bread Muffin
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Cinn Sweet Potatoes, Fresh Zucc, Side Salad
 Whole Orange, Mango Peach Applesauce Cup, Fruit Juice

21
Chicken Ranch Flatbread SDW
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Campfire Beans, Fresh Celery Sticks, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

22
Pepperoni Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Spinach, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

25
Mesquite Chicken Drumsticks, Roll
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Mashed Potato, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

26
Spaghetti & Beef Sauce, Garlic Toast
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

27
BBQ Rib SDW
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Cucumbers, Side Salad
 Whole Orange, Applesauce Cup, Fruit Juice

28
Turkey Soft Tacos, Mex Spiced Rice
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Kickin' Pintos, Fresh Zucchini, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

29
Pepperoni Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Spinach, Tomato Wedges, Side Salad
 Banana, Diced Pears, Orange Juice



WELCOME BACK TO SCHOOL

"C" is for Cookie Wednesday's!
 **all menu items are subject to change.

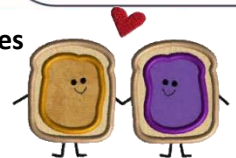
Local By Grow Local ingredients are always used when in season

Vegetarian Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Sun Butter & Jelly Sandwiches Offered Everyday



Lunch: Choose at least 1 Fruit OR Vegetable + a minimum of 2 other components

Visit us online at pender.schooldish.com

