

28
Cheeseburger Meatloaf, Gravy
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Mashed Potato, Fresh Broccoli, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

29
Inside Out Penne Pasta
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Green Beans, Fresh Zucchini, Side Salad
 Whole Apple, Raisins, Orange Juice

30
Popcorn Chicken Bowl, Roll
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Cucumbers, Side Salad
 Whole Orange, Cinn Applesauce Cup, Fruit Juice

31
Tater Bite Beef Nachos, Tortilla Rounds
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll

side items
 Kickin' Pintos, Baby Carrots, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

1
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Broccoli, Tomato Wedges, Side Salad
 Banana, Diced Pears, Orange Juice

4
LABOR DAY
side items
No School!

5
Chicken Quesadilla
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Kickin' Pintos, Baby Carrots, Side Salad
 Whole Apple, Raisins, Orange Juice

6
Chicken Alfredo Penne Pasta
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Glazed Carrots, Sliced Zucchini, Side Salad
 Whole Orange, Strawberry Applesauce Cup, Fruit Juice

7
Philly Cheesesteak
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Seasoned Green Peas, Baby Carrots, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

8
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Steamed Broccoli, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

11
Salisbury Steak, Rice, Gravy
 Chicken Patty SDW
 Chicken & Cheese Salad/Roll

side items
 Green Beans, Tomato Wedges, Side Salad
 Whole Orange, Mixed Fruit, Apple Juice

12
Macaroni & Cheese
 Chicken Nuggets, Roll
 Ham Chef Salad, Roll
 Ham & Cheese SDW

side items
 Glazed Carrots, Fresh Broccoli, Side Salad
 Whole Apple, Raisins, Orange Juice

13
Popcorn Chicken Bowl, Roll
 Hot Dog
 Ham & Turkey Cobb Salad, Roll

side items
 Steamed Squash, Fresh Celery Sticks, Side Salad
 Whole Orange, Poach Applesauce Cup, Fruit Juice

14
Roasted Turkey, Stuffing, Gravy
 Chicken Nuggets, Roll
 Turkey Chef Salad, Roll
 Turkey & Cheese SDW

side items
 Cinn Sweet Potatoes, Baby Carrots, Side Salad
 Sliced Apples, Diced Peaches, Grape Juice

15
Cheese Pizza
 Cheeseburger
 Italian Salad, Roll

side items
 Veg Baked Beans, Cucumber Slices, Side Salad
 Banana, Diced Pears, Orange Juice

18
side items

19
side items

20
side items

21
side items

22
side items

FALL INTERMISSION

No School

25
side items

26
side items

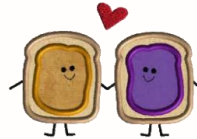
27
side items

28
side items

29
side items



PB&J Sandwiches Offered Everyday



Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk



Lunch: Choose at least 1 Fruit OR Vegetable + a minimum of 2 other components

Visit us online at pender.schooldish.com

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.