

28
TrpBerryFrenchToast
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Banana, Diced Pears
 Orange Juice

29
Glazed Cinnamon Roll
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Whole Orange, Mixed Fruit
 Apple Juice

30
Egg & Cheese English Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Whole Apple, Raisins
 Orange Juice

31
Pancakes, Syrup
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Cinn Applesauce
 Cup
 Fruit Juice

1
Blueberry Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast



side items
Sliced Apples, Diced Peaches
 Grape Juice

4

No School!

side items

5
Turkey Pancake Wrap
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Whole Orange, Mixed Fruit
 Apple Juice

6
Breakfast Pizza
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast



side items
Whole Apple, Raisins
 Orange Juice

7
Egg & Cheese English Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Strawberry
 Applesauce Cup
 Fruit Juice

8
Triple Berry French Toast Minis
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Sliced Apples, Diced Peaches
 Grape Juice

11
Pancakes, Syrup
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast



side items
Banana, Diced Pears
 Orange Juice

12
Chicken, Egg & Cheese Wrap
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Whole Orange, Mixed Fruit
 Apple Juice

13
Cheesy Scrambled Eggs, Hashbrown
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Whole Apple, Raisins
 Orange Juice

14
Sausage & Cheese English Muffin
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
 Whole Orange, Peach Applesauce
 Cup
 Fruit Juice

15
Half Hot Ham & Cheese
 Assorted Cereals, Poptarts, Yogurt
 Whole Grain Toast

side items
Sliced Apples, Diced Peaches
 Grape Juice

18

side items

19

20

21

side items

22

side items

25

side items

26

27

28

side items

29

side items

FALL INTERMISSION



Visit us online at pender.schooldish.com

Breakfast: 1 Fruit + a minimum of 2 other components

Please be sure to complete the current **Free & Reduced Meals Application**.

Payments are taken in the cafeteria (cash/check) or <https://www.k12paymentcenter.com/>



All menu items are subject to change.