



PECHS Breakfast

August & September 2017

28
TrplBerryFrenchToast
Sausage, Egg & Cheese Bagel
Cereals, Poptarts, Yogurt, Toast

side items
Banana, Diced Pears
Orange Juice

29
Glazed Cinnamon Roll
Bacon, Egg & Cheese Flatbread
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Mixed Fruit
Apple Juice

30
Cheesy Ham, Egg, Potato Taco
Egg & Cheese English Muffin
**Specialty Donuts
Cereals, Poptarts, Yogurt, Toast

side items
Whole Apple, Raisins
Orange Juice

31
Pancakes, Syrup
Sausage, Egg & Cheese SDW
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Cinn Applesauce
Cup
Fruit Juice

1
Blueberry Muffin
Sausage & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Sliced Apples, Diced Peaches
Grape Juice



4



5
Turkey Pancake Wrap
Egg & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Mixed Fruit
Apple Juice

6
Breakfast Pizza
Egg & Cheese Bagel
**Specialty Donuts
Cereals, Poptarts, Yogurt, Toast

side items
Whole Apple, Raisins
Orange Juice

7
Cheesy Ham & Egg Pancake Panini
Egg & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Strawberry
Applesauce Cup
Fruit Juice



8
Triple Berry French Toast Minis
Egg, Ham & Cheese Flatbread
Cereals, Poptarts, Yogurt, Toast

side items
Sliced Apples, Diced Peaches
Grape Juice

11
Pancakes, Syrup
Ham & Cheese Breakfast Roll
Cereals, Poptarts, Yogurt, Toast

side items
Banana, Diced Pears
Orange Juice



12
Chicken, Egg & Cheese Wrap
Sausage & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Mixed Fruit
Apple Juice

13
Cheesy Scrambled Eggs, Hashbrown
Sausage & Cheese Biscuit
**Specialty Donuts
Cereals, Poptarts, Yogurt, Toast

side items
Whole Apple, Raisins
Orange Juice

14
Chicken Biscuit
Egg & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Peach Applesauce
Cup
Fruit Juice

15
Ham & Potato Bite Strata
Half Hot Ham & Cheese
Cereals, Poptarts, Yogurt, Toast

side items
Sliced Apples, Diced Peaches
Grape Juice

18
Chicken Biscuit
Sausage & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Banana, Diced Pears
Orange Juice

19
Cheesy Scrambled Eggs & Bacon
Sausage, Egg & Cheese SDW
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Mixed Fruit
Apple Juice

20
Triple Berry French Toast Minis
Egg & Cheese Bagel
**Specialty Donuts
Cereals, Poptarts, Yogurt, Toast

side items
Whole Apple, Raisins
Orange Juice



21
Breakfast Pizza
Sausage, Egg & Cheese Burrito
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, MangoPeach
Applesauce Cup
Fruit Juice

22
Country Biscuit & Gravy
Ham & Cheese Bagel
Cereals, Poptarts, Yogurt, Toast

side items
Sliced Apples, Diced Peaches
Grape Juice

25
Triple Berry French Toast Minis
Sausage & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Banana, Diced Pears
Orange Juice



26
Turkey Pancake Wrap
Chicken & Cheese English Muffin
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Mixed Fruit
Apple Juice

27
Egg & Cheese Omelet, Hashbrown
Egg, Ham & Cheese Flatbread
**Specialty Donuts
Cereals, Poptarts, Yogurt, Toast

side items
Whole Apple, Raisins
Orange Juice

28
Sausage & Cheese Quesadilla
Chicken Biscuit
Cereals, Poptarts, Yogurt, Toast

side items
Whole Orange, Applesauce Cup
Fruit Juice

29
Breakfast Pizza
Egg & Ham Biscuit
Cereals, Poptarts, Yogurt, Toast

side items
Sliced Apples, Diced Peaches
Grape Juice

Breakfast: 1 Fruit + a minimum of 2 other components

***** Specialty Donuts:**

Alternating: Vanilla Glazed, Honey Sriracha Glazed, Choc Cocoa Puff



All menu items are subject to change.

