



PCS Middle School Breakfast

August & September 2017

28
TrplBerryFrenchToast
 Sausage, Egg & Cheese Bagel
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Banana, Diced Pears
 Orange Juice

29
Glazed Cinnamon Roll
 Bacon, Egg & Cheese Flatbread
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Mixed Fruit
 Apple Juice

30
Cheesy Ham, Egg, Potato Taco
 Egg & Cheese English Muffin
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Apple, Raisins
 Orange Juice

31
Pancakes, Syrup
 Sausage, Egg & Cheese SDW
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Cinn Applesauce
 Cup
 Fruit Juice

1
Blueberry Muffin
 Sausage & Cheese English Muffin
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Sliced Apples, Diced Peaches
 Grape Juice

4

No School!

5
Turkey Pancake Wrap
 Egg & Cheese English Muffin
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Mixed Fruit
 Apple Juice

6
Breakfast Pizza
 Egg & Cheese Bagel
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Apple, Raisins
 Orange Juice

7
Cheesy Ham & Egg Pancake Panini
 Egg & Cheese English Muffin
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Strawberry
 Applesauce Cup
 Fruit Juice

8
Triple Berry French Toast Minis
 Egg, Ham & Cheese Flatbread
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Sliced Apples, Diced Peaches
 Grape Juice

11
Pancakes, Syrup
 Ham & Cheese Breakfast Roll
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Banana, Diced Pears
 Orange Juice

12
Chicken, Egg & Cheese Wrap
 Sausage & Cheese English Muffin
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Mixed Fruit
 Apple Juice

13
Cheesy Scrambled Eggs, Hashbrown
 Sausage & Cheese Biscuit
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Apple, Raisins
 Orange Juice

14
Chicken Biscuit
 Egg & Cheese English Muffin
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Peach Applesauce
 Cup
 Fruit Juice

15
Ham & Potato Bite Strata
 Half Hot Ham & Cheese
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Sliced Apples, Diced Peaches
 Grape Juice

18
Chicken Biscuit
 Sausage & Cheese English Muffin
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Banana, Diced Pears
 Orange Juice

19
Cheesy Scramled Eggs & Bacon
 Sausage, Egg & Cheese SDW
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Mixed Fruit
 Apple Juice

20

Triple Berry French Toast Minis
 Egg & Cheese Bagel
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Apple, Raisins
 Orange Juice

21
Breakfast Pizza
 Sausage, Egg & Cheese Burrito
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, MangoPeach
 Applesauce Cup
 Fruit Juice

22
Country Biscuit & Gravy
 Ham & Cheese Bagel
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Sliced Apples, Diced Peaches
 Grape Juice

25
Triple Berry French Toast Minis
 Sausage & Cheese English Muffin
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Banana, Diced Pears
 Orange Juice

26
Turkey Pancake Wrap
 Chicken & Cheese English Muffin
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Mixed Fruit
 Apple Juice

27
Egg & Cheese Omelet, Hashbrown
 Egg, Ham & Cheese Flatbread
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Apple, Raisins
 Orange Juice

28
Sausage & Cheese Quesadilla
 Chicken Biscuit
 Cereals, Poptarts, Yogurt, Toast
side items
 Whole Orange, Applesauce Cup
 Fruit Juice

29

Breakfast Pizza
 Egg & Ham Biscuit
 **Specialty Donuts
 Cereals, Poptarts, Yogurt, Toast
side items
 Sliced Apples, Diced Peaches
 Grape Juice

Breakfast: 1 Fruit + a minimum of 2 other components



***** Specialty Donuts:**

Monday: Vanilla Glazed, Maple Glazed Bacon, Pumpkin Spiced Cinnamon Toast Crunch
 Wednesday: Vanilla Glazed, Honey Sriracha Glazed, Choc Cocoa Puff Glazed
 Friday: Vanilla Glazed, Maple Bacon Glazed, Chocolate Glazed

Visit us online at pender.schooldish.com

