



# PCS High School Breakfast

## August & September 2017

**28**  
**TrpIBerryFrenchToast**  
 Sausage, Egg & Cheese Bagel  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Banana, Diced Pears**  
 Orange Juice

**29**  
**Glazed Cinnamon Roll**  
 Bacon, Egg & Cheese Flatbread  
 Blueberry Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Orange, Mixed Fruit**  
 Apple Juice



**30**  
**Cheesy Ham, Egg, Potato Taco**  
 Egg & Cheese English Muffin  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Apple, Raisins**  
 Orange Juice

**31**  
**Pancakes, Syrup**  
 Sausage, Egg & Cheese SDW  
 Apple Cinnamon Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
 Whole Orange, Cinn Applesauce Cup  
 Fruit Juice

**1**  
**Chicken Biscuit**  
 Sausage & Cheese English Muffin  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Sliced Apples, Diced Peaches**

**4**



**5**  
**Turkey Pancake Wrap**  
 Egg & Cheese English Muffin  
 Blueberry Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Orange, Mixed Fruit**  
 Apple Juice

**6**  
**Breakfast Pizza**  
 Egg & Cheese Bagel  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Apple, Raisins**  
 Orange Juice

**7**  
**Cheesy Ham & Egg Pancake Panini**  
 Egg & Cheese English Muffin  
 Apple Cinnamon Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
 Whole Orange, Strawberry Applesauce Cup  
 Fruit Juice



**8**  
**Triple Berry French Toast Minis**  
 Egg, Ham & Cheese Flatbread  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Sliced Apples, Diced Peaches**  
 Grape Juice

**11**  
**Pancakes, Syrup**  
 Ham & Cheese Breakfast Roll  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Banana, Diced Pears**  
 Orange Juice

**12**  
**Chicken, Egg & Cheese Wrap**  
 Sausage & Cheese English Muffin  
 Blueberry Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Orange, Mixed Fruit**  
 Apple Juice

**13**  
**Cheesy Scrambled Eggs, Hashbrown**  
 Sausage & Cheese Biscuit  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Apple, Raisins**  
 Orange Juice



**14**  
**Chicken Biscuit**  
 Egg & Cheese English Muffin  
 Apple Cinnamon Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
 Whole Orange, Peach Applesauce Cup  
 Fruit Juice

**15**  
**Ham & Potato Bite Strata**  
 Half Hot Ham & Cheese  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Sliced Apples, Diced Peaches**  
 Grape Juice

**18**  
**Chicken Biscuit**  
 Sausage & Cheese English Muffin  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Banana, Diced Pears**  
 Orange Juice

**19**  
**Cheesy Scrambled Eggs & Bacon**  
 Sausage, Egg & Cheese SDW  
 Blueberry Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Orange, Mixed Fruit**  
 Apple Juice

**20**  
**Triple Berry French Toast Minis**  
 Egg & Cheese Bagel  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Apple, Raisins**  
 Orange Juice

**21**  
**Breakfast Pizza**  
 Sausage, Egg & Cheese Burrito  
 Apple Cinnamon Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
 Whole Orange, Mango Peach Applesauce Cup  
 Fruit Juice

**22**  
**Country Biscuit & Gravy**  
 Ham & Cheese Bagel  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Sliced Apples, Diced Peaches**  
 Grape Juice



**25**  
**Triple Berry French Toast Minis**  
 Sausage & Cheese English Muffin  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Banana, Diced Pears**  
 Orange Juice



**26**  
**Turkey Pancake Wrap**  
 Chicken & Cheese English Muffin  
 Blueberry Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Orange, Mixed Fruit**  
 Apple Juice

**27**  
**Egg & Cheese Omelet, Hashbrown**  
 Egg, Ham & Cheese Flatbread  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Whole Apple, Raisins**  
 Orange Juice

**28**  
**Sausage & Cheese Quesadilla**  
 Chicken Biscuit  
 Apple Cinnamon Muffin  
 Cereals, Poptarts, Parfait, Toast

*side items*  
 Whole Orange, Applesauce Cup  
 Fruit Juice

**29**  
**Breakfast Pizza**  
 Egg & Ham Biscuit  
 \*\*Specialty Donuts  
 Cereals, Poptarts, Parfait, Toast

*side items*  
**Sliced Apples, Diced Peaches**  
 Grape Juice

**Breakfast: 1 Fruit + a minimum of 2 other components**

**\*\*\* Specialty Donuts:**

Monday: Vanilla Glazed, Maple Glazed Bacon, Pumpkin Spiced Cinnamon Toast Crunch  
 Wednesday: Vanilla Glazed, Honey Sriracha Glazed, Choc Cocoa Puff Glazed  
 Friday: Vanilla Glazed, Maple Bacon Glazed, Chocolate Glazed



All menu items are subject to change.

