



Welcome back to



Lunch: 1 Fruit OR Vegetable + a minimum of 2 other components

31 1 2 3 4

7

**14** **Pancakes, Sausage, Syrup**  
 Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Pepperoni Pizza

*side items*  
 Seasoned Corn, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**15** **Fish Sticks, Mac & Cheese**  
 Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Green Beans, Baby Carrots, Side Salad  
 Whole Apple, Raisins, Orange Juice

**16** **Chicken Drumsticks, Corn Bread Muffin**  
 Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Spicy Chicken Sausage Pizza

*side items*  
 Cinn Sweet Potatoes, Fresh Zucc, Side Salad  
 Whole Orange, Mango Peach Applesauce Cup, Fruit Juice

**17** **Chicken Ranch Flatbread SDW**  
 Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Campfire Beans, Fresh Celery Sticks, Side Salad  
 Sliced Apples, Diced Peaches, Grape Juice

**18** **Pepperoni Pizza**  
 Corn Dog  
 Italian Salad, Roll  
 Cheese Pizza

*side items*  
 Steamed Spinach, Cucumber Slices, Side Salad  
 Banana, Diced Pears, Orange Juice

**21** **Mesquite Chicken Drumstick, Roll**  
 Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Cheese Pizza

*side items*  
 Mashed Potato, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**22** **Spaghetti & Beef Sauce, Garlic Toast**  
 Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Meat Lover's Pizza

*side items*  
 Green Beans, Baby Carrots, Side Salad  
 Whole Apple, Raisins, Orange Juice

**23** **BBQ Shredded Pork SDW**  
 Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Pepperoni Pizza

*side items*  
 Glazed Carrots, Sliced Cucumbers, Side Salad  
 Whole Orange, Applesauce Cup, Fruit Juice

**24** **Turkey Soft Tacos, Mex Spiced Rice**  
 Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll  
 Spicy Chicken Pizza

*side items*  
 Kickin' Pintos, Fresh Zucchini, Side Salad  
 Sliced Apples, Diced Peaches, Grape Juice

**25** **GenTsoPopcornChix w/Broc, Rice**  
 Corn Dog  
 Italian Salad, Roll  
 Pepperoni Pizza

*side items*  
 Steamed Spinach, Tomato Wedges, Side Salad  
 Banana, Diced Pears, Orange Juice

**28** **Cheeseburger Meatloaf, Gravy**  
 Spicy Chicken Patty SDW  
 Chicken & Cheese Salad/Roll  
 Cheese Pizza

*side items*  
 Mashed Potato, Fresh Broccoli, Side Salad  
 Whole Orange, Mixed Fruit, Apple Juice

**29** **Inside Out Penne Pasta**  
 Chicken Nuggets, Roll  
 Ham Chef Salad, Roll  
 Pepperoni Pizza

*side items*  
 Green Beans, Fresh Zucchini, Side Salad  
 Whole Apple, Raisins, Orange Juice

**30** **Popcorn Chicken Bowl, Roll**  
 Hot Dog  
 Ham & Turkey Cobb Salad, Roll  
 Spicy Chicken Sausage Pizza

*side items*  
 Glazed Carrots, Sliced Cucumbers, Side Salad  
 Whole Orange, Cinn Applesauce Cup, Fruit Juice

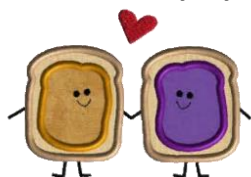
**31** **Tater Bite Beef Nachos, Tortilla Rounds**  
 Spicy Popcorn Chicken, Roll  
 Turkey Chef Salad, Roll

*side items*  
 Kickin' Pintos, Baby Carrots, Side Salad  
 Sliced Apples, Diced Peaches, Grape Juice

**1** **Spicy Popcorn Chicken Bowl**  
 Corn Dog  
 Italian Salad, Roll  
 Cheese Pizza

*side items*  
 Steamed Broccoli, Tomato Wedges, Side Salad  
 Banana, Diced Pears, Orange Juice

PB&J Sandwiches Offered Everyday



Mon-Wed-Fri: Chicken Patty

Tue-Thurs: Cheeseburger

Visit us online at <http://pender.schooldish.com/>



All menu items are subject to change.